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Cardiff
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CF10 4UW
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AGENDA

Pwyllgor	PWYLLGOR YMGYNGHOROL RHIANTA CORFFORAETHOL	
Dyddiad ac amser y cyfarfod	DYDD LLUN, 26 MEHEFIN 2023, 2.00 PM	
Lleoliad	YB 4, NEUADD Y SIR, CYFARFOD AML-LEOLIAD	
Aelodaeth	Cynghorydd Merry (Cadeirydd) Y Cynghorwyr Ash-Edwards, Kaaba, Lay, Lewis, Lister, Littlechild, Naughton a/ac Taylor	
		Tua Amser.
1	Penodi Cadeirydd a Phwyllgor	2.00 pm
	<p>Nodi bod y Cyngor, yn ei Gyfarfod Blynyddol wedi penodi'r Cynghorydd Sarah Merry yn Gadeirydd y Pwyllgor ar gyfer blwyddyn ddinesig 2022-2023 ac Aelodau canlynol i'r Pwyllgor:</p> <p>Y Cynghorwyr Ash-Edwards, Kaaba, Lay, Lewis, Lister, Littlechild, Naughton a Taylor</p>	
2	Cylch Gorchwyl	
	<p>Nodi bod y Cyngor, yn ei Gyfarfod Blynyddol wedi cytuno ar Gylch Gorchwyl fel y'i hamlinellwyd yn y papurau.</p>	
3	Ymddiheuriadau am Absenoldeb	
	<p>Derbyn ymddiheuriadau am absenoldeb.</p>	
4	Datgan Buddiannau	
	<p>I'w wneud ar ddechrau'r eitem agenda dan sylw, yn unol â Chod Ymddygiad yr Aelodau.</p>	
5	Cofnodion (Tudalennau 3 - 8)	
	<p>Cymeradwyo cofnodion y cyfarfod blaenorol fel rhai cywir.</p>	
6	Ymgyrch/Addewid Mae Fy Mhethau o Bwys (Tudalennau 9 - 22)	2.10 pm

- | | | |
|----|---|---------|
| 7 | Gwasanaethau Lles Emosiynol ac Iechyd Meddwl Plant a Phobl Ifanc (<i>Tudalennau 23 - 34</i>) | 2.20 pm |
| 8 | Iechyd a Gwybodaeth Statudol ar gyfer Plant sy'n Derbyn Gofal (<i>Tudalennau 35 - 42</i>) | 2.35 pm |
| 9 | Trosolwg Enfys (<i>Tudalennau 43 - 56</i>) | 2.45 pm |
| 10 | Prosiect Lles Emosiynol (<i>Tudalennau 57 - 68</i>) | 3.00 pm |
| 11 | Dangosfwrdd Perfformiad - Chwarter 4 2022 - 2023 (<i>Tudalennau 69 - 76</i>) | 3.20 pm |
| 12 | Rhaglen Ymweliad Aelodau (<i>Tudalennau 77 - 80</i>) | 3.35 pm |
| 13 | Blaenraglen Waith Mai 2023 - Ebrill 2024 (<i>Tudalennau 81 - 86</i>) | 3.45 pm |
| 14 | Eitemau brys (os oes rhai) | |
| 15 | Dyddiad y cyfarfod nesaf | |

Dyddiad cyfarfod nesaf y Pwyllgor yw Dydd Llun 2 Hydref 2023 am 2:00pm.

Davina Fiore

Cyfarwyddwr Llywodraethu a Gwasanaethau Cyfreithiol

Dyddiad: Dydd Mawrth, 20 Mehefin 2023

Cyswllt: Mandy Farnham, 02920 872618, Mandy.Farnham@caerdydd.gov.uk

CORPORATE PARENTING ADVISORY COMMITTEE

27 MARCH 2023

Present: Councillor Merry(Chairperson)
Councillors Ash-Edwards, Lewis, Lister, Littlechild, Molik and Naughton

Officers Deborah Driffield, Director, Childrens Services

Present:

Advisors Candice Lloyd, NYAS, Becci Ingram, Children Young People
Present: and Family Health Services, Deborah Williams, Virtual Headteacher

14 : APOLOGIES FOR ABSENCE

Apologies were received from Gillian James, Committee Advisor.

Cllr Molik, Candice Lloyd of NYAS and Deborah Driffield, Director of Children's Services, attended remotely.

The Chair welcomed Becci Ingram, General Manager for Children, Young People and Family Health Services at Cardiff and Vale University Health Board and Deborah Williams, Virtual Head Teacher for Looked After Children in Cardiff as new advisors to the Committee.

15 : DECLARATIONS OF INTEREST

No declarations of interest were received.

16 : MINUTES

The minutes of the previous meeting on January 9, 2023, were approved and signed by the Chairperson.

17 : NYAS 'MY THINGS MATTER CAMPAIGN'

The Chair invited Candice Lloyd, NYAS, to give a presentation to inform the Committee on the NYAS 'My Things Matter' campaign.

The presentation provided Members with the results of surveys of both young people and professionals into the handling of children's and young people's possessions during moves from one accommodation to another while in care.

Members were also advised about the My Things Matter pledge and next steps that the Council could take.

Members wished to know about Cardiff Council's commitment to the My Things Matter campaign. Members were advised that the Council supports the campaign and has purchased appropriate luggage to help children and young people transport their possessions. The Council has a close working relationship with NYAS.

Members were advised that luggage bags had been distributed to teams including EDT and out-of-hours service in order to support emergency moves.

Members enquired as to how the security of children's and young people's possessions were ensured during moves. Members were advised that where possible such possessions were transported separately from other items, and that most went with the child or young person involved. Where the latter was not possible, arrangements were in place to ensure the security of the items.

RESOLVED:

1. To note the My Things Matter Campaign information provided; and
2. To recommend to Cabinet that the Council should endorse the Campaign.

18 : YOUNG PERSON GATEWAY UPDATE

The Chair invited Laura Garvey-Cubbon, Operational Manager Housing and Communities, to give a presentation on the Young Person's Gateway, during which she presented information on the current structure of the YPG, data on outcomes and information around the expansion and development plans for the Gateway.

Members discussed the increasing demand for accommodation and were advised that this was due to a number of factors, including the housing crisis, the record high level of rent in private accommodation in Cardiff, the higher number of relationship breakdowns with parents in the wake of the pandemic, the cost-of-living crisis and increases of domestic abuse. Effort is being put into prevention including working with parents and help with finance.

Members were advised that Unaccompanied Asylum-Seeking Children (UASC) were included in the figures in the report.

Members discussed the length of time children and young people were expected to have to wait for accommodation, and were advised that the Council was pursuing a dual approach to bring down the waiting list.

Members were concerned about what happened to children and young people who are refused accommodation, and were advised that the Council tries to prevent evictions with less than 10 taking place over the year. The Council provides an immediate response with an alternative placement or accommodation offered the same day. In cases of abandonment the young person undergoes an entry back interview and the social worker seeks to place them in accommodation.

Members raised concerns about bed blocking by UASC and enquired as to whether this was due to a lack of available accommodation. Officers advised that it was not possible to move UASC on to permanent accommodation as they had no legal status.

Members were advised that young people are not moved into adult accommodation once they reach a certain age threshold. They remain in their current accommodation

as stability is considered important. They move into permanent accommodation when they are ready to do so.

RESOLVED:

1. To note the information provided and development of the Young Persons Gateway.

19 : CHILDREN'S SERVICES ACCOMMODATION STRATEGY

The Chair invited Deborah Driffield, Director of Children's Services, to present a report on the Accommodation Strategy, which gave an overview of the current position, an analysis of demand and details of proposals for various workstreams, and a summary of progress to date.

Members paid tribute to the officers involved in the work and expressed their gratitude to councillors in wards where properties were purchased.

Members sought further information on the timescale involved in getting new properties ready for occupation. They were advised that there were two things involved: getting the properties ready for occupation; and getting them registered with the CIW. Two properties could be made ready for occupation within 6 months, and a further 2 later; however they would not be registered with the CIW in that time. The properties could be put into use before registration.

Members wished to know whether any problems were likely to arise due to the higher number of children at some properties, and sought information on the geographical spread of properties. They were advised that the Council was proposing to purchase smaller properties, but could not control the size of properties in the hands of private companies or not-for-profit organisations. The Council's experience was that children and young people cope best when living on their own or in smaller properties. It is the Council's intention to have properties spread out across the city, and to enrol children and young people into their local school.

Members were concerned about the higher number of boys and 16 and 17-year-olds in placements and wished to know whether they stayed on post-18. They were advised that the plan was always to work with residential providers to help young people towards independent living. Where there was still significant need post-18-year-olds were transferred to adult services or housing.

RESOLVED:

2. To note the report.

20 : CPAC DRAFT ANNUAL REPORT - 2022-2023

The Chair invited Matthew Osbourne to present a report, which gave a summary of the Committee's activities over the past year, and a forecast of the year ahead.

Members discussed why there were no invitations to Councillors to attend the Bright Sparks awards, and were advised that the challenge was to ensure that the awards were focussed on children and young people and ensure they were prioritised.

Members were advised that the report would go to Council in June.

RESOLVED:

1. To note the draft Annual Report 2022/23
2. To delegate authority to the Director of Children's Services in consultation with the Chair to finalise the Annual Report, having regard to comments provided by Members of the Committee and Members of Children & Young People Scrutiny Committee; and
3. That the Chair present the Annual Report to full Council in June 2023

21 : CHILDREN LOOKED AFTER & CARE LEAVERS CASE STUDIES

The Chair invited Matthew Osbourne to present the report. Members were advised that attention had been given to their request for real-life examples to be presented; however, there was a challenge in that Committee minutes were published and it had therefore been decided to present anonymised case studies in order to give an accurate portrayal of some typical examples. A number of such case studies had been prepared from various sources.

RESOLVED:

1. To note the report and case studies provided

22 : MEMBER VISITS

Members were provided with an update by the Chair of her visit to the Unaccompanied Asylum Seeker Children.

23 : FORWARD WORK PROGRAMME

The Chair invited Matthew Osbourne to present the report. Members were informed that Improving Emotional Wellbeing and Physical Health would be considered at the next meeting of the Committee.

An operational group has been set up to look at the plan for CPAC and how to bring it into operation. There will be an opportunity for Members and Officers to become mentors for Children Looked After. Members were advised that consideration would be given to Members being invited to the next Bright Sparks awards.

RESOLVED:

1. To note the content of the Work Programme

24 : URGENT ITEMS (IF ANY)

There were no urgent items.

25 : DATE OF NEXT MEETING

The date of the next meeting is to be confirmed.

The meeting terminated at 4.00 pm

Mae'r dudalen hon yn wag yn fwriadol

**CORPORATE PARENTING
ADVISORY COMMITTEE**

26 JUNE 2023

REPORT OF THE DIRECTOR, CHILDRENS SERVICES

MY THINGS MATTER PLEDGE

Reason for this Report

1. To provide the Committee with an update on the My Things Matter Campaign, as provided within Appendix A.
2. Members of the Committee are encouraged to become signatories to the NYAS My Things Matter pledge in order to improve the experience of children and young people when moving to different placements.

Background

3. The campaign was developed by NYAS after conducting extensive research with children and young people who are looked after or care experienced as well as the professionals working with them.
4. The study found evidence that the way in which children's personal belongings were transferred between placements caused them to feel undignified and of less value.
 - a. 3 in 5 children and young people said that at least one, but often more of their personal belongings had been lost or damaged when moving home while living in care.
 - b. 4 in 5 children said their belongings were moved in binbags during their time in care.
 - c. 3 in 5 professionals had seen binbags being used to move any or all of the belongings of a child or young person with whom they had worked in the last five years.
5. These research findings are not unique to Wales and similar evidence has been noted from international studies and reviews.

Issues

Development of pledge

6. NYAS developed the pledge in order to ask Local Authorities to commit to the following for young people and children who are looked after:
 - We will help you to keep your most precious belongings with you safely during your move and promise they will not be moved in binbags.
 - We will provide written guidance for you and anyone helping you to move, which we will publish on our website.
 - We will never move or throw away your belongings without your consent and will always respect your personal property.
 - We will support you to make a complaint if any of your belongings have been lost or damaged during your move.
 - We will communicate with you about your move and ask you how the move went.

Further details and progress so far

7. NYAS have teamed up with the Madlug, a buy one give one bag brand to provide a pack away travel bag to a child in care. To date more than 50,000 bags have been donated to children and young people who are looked after.
8. The campaign has been positively received, currently approximately 30 Local Authorities have signed up to the pledge across England and Wales.
9. Liaison between the communication teams at both Cardiff Council and NYAS has taken place. If agreement is given by members of the committee to sign the pledge, it will be promoted by both communication teams, including via social media.

Legal Implications

10. There are no legal implications arising from this report.

Financial Implications

11. There are no direct financial implications arising from this report but if in the carrying out of the pledge financial costs are identified then the funding source needs to be identified prior to spending.

RECOMMENDATION

12. To endorse the pledge and to consider how the Committee can be involved in supporting it.

DEBORAH DRIFFIELD
DIRECTOR, CHILDRENS SERVICES
19 JUNE 2023

Appendix A – Presentation



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My Things Matter

Data collection and results



Data collection

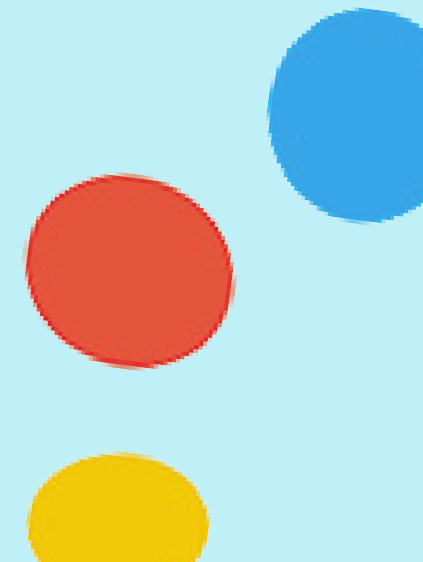
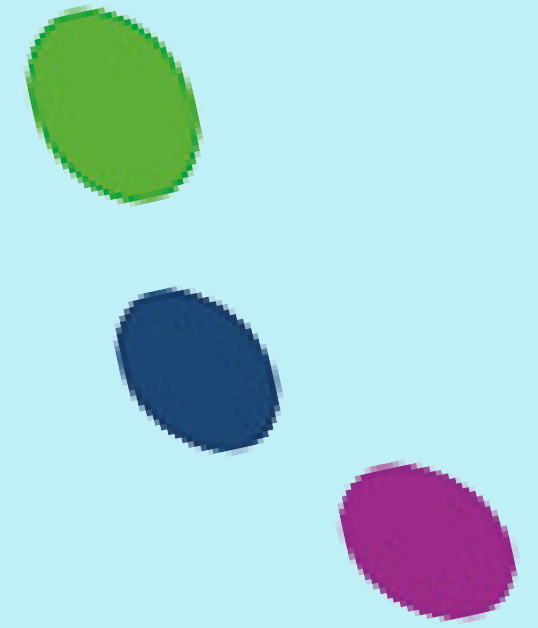
Freedom of Information requests



Professionals survey



Children and young people survey



How we collected data



I was working with a young person who had her belongings picked up from a supported lodgings placement that had broken down.

This was done by someone who was 'available' and not by her worker which meant she had a stranger picking up and packing her belongings. It was also made to be a burden of their time.

When I went with her to collect her belongings they were bagged up in shopping bags, but they were stored in the toilets of one of the Local Authority buildings which everyone had access to.

I was **shocked** that the **life** of this **vulnerable care-experienced young person** was in **bags** in a **toilet** with little to no **care and respect.**

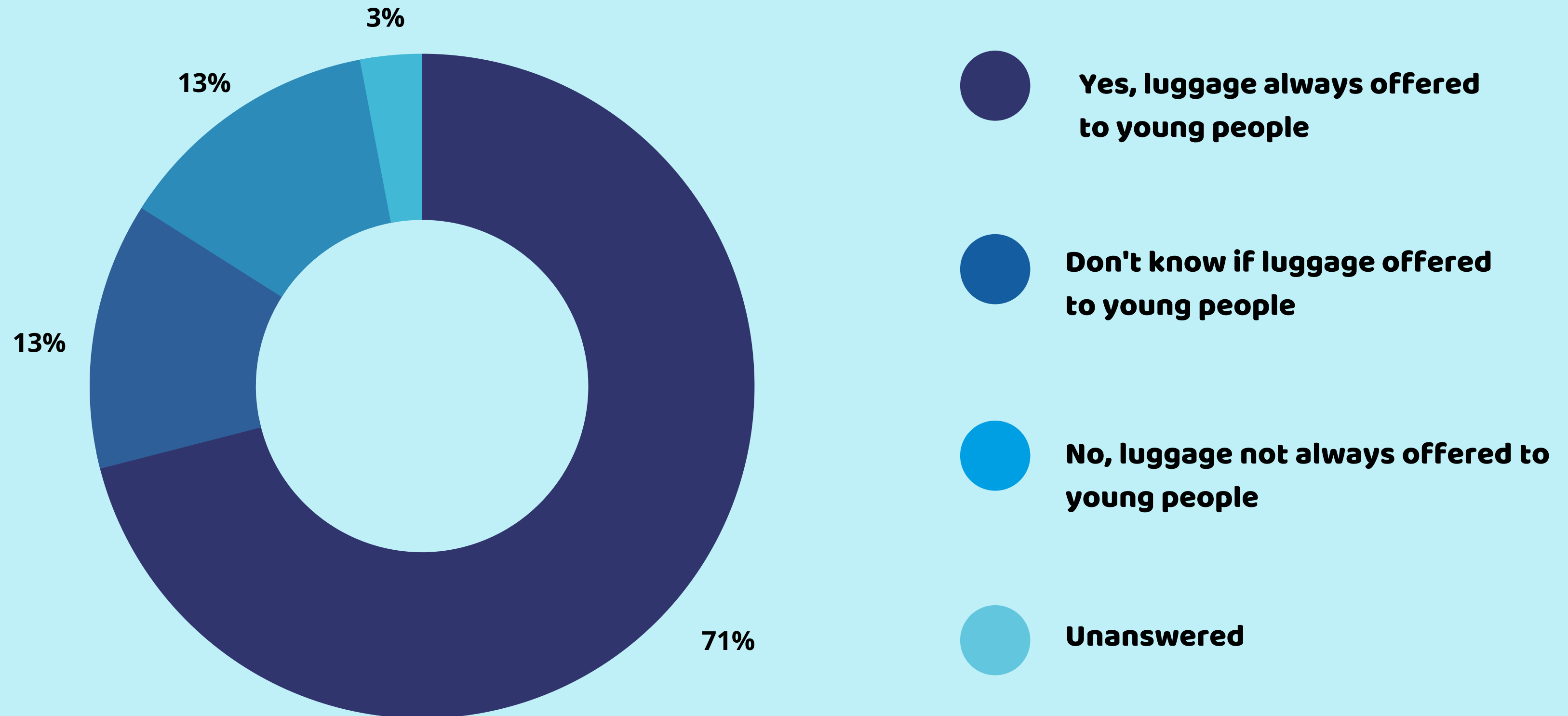
Every single time I moved in care, it was using **bin bags** or **plastic bags**... it's all I've known.

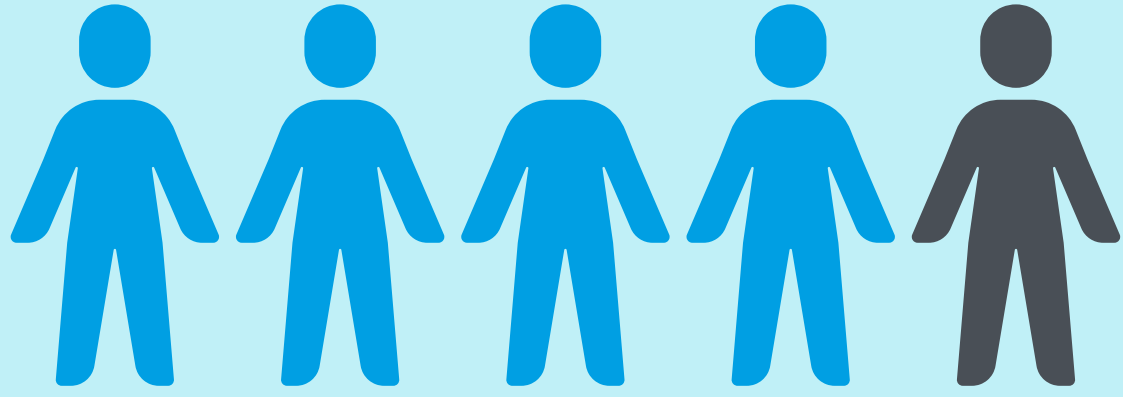
CHARLIE, 21 YEARS OLD

I felt like I had **no identity**, everything I owned was in a **bin bag**. I felt like **nobody cared**.

BETH, 20 YEARS OLD

Luggage always offered to young people by local authorities

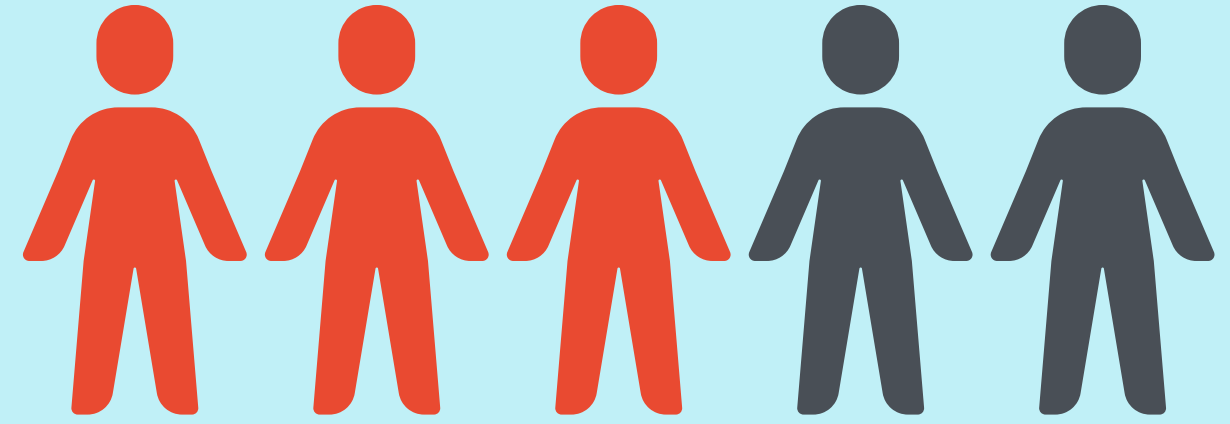




4 in 5

**CHILDREN AND
YOUNG PEOPLE**

**who responded to our
survey said their
belongings were moved
in binbags during their
time in care.**

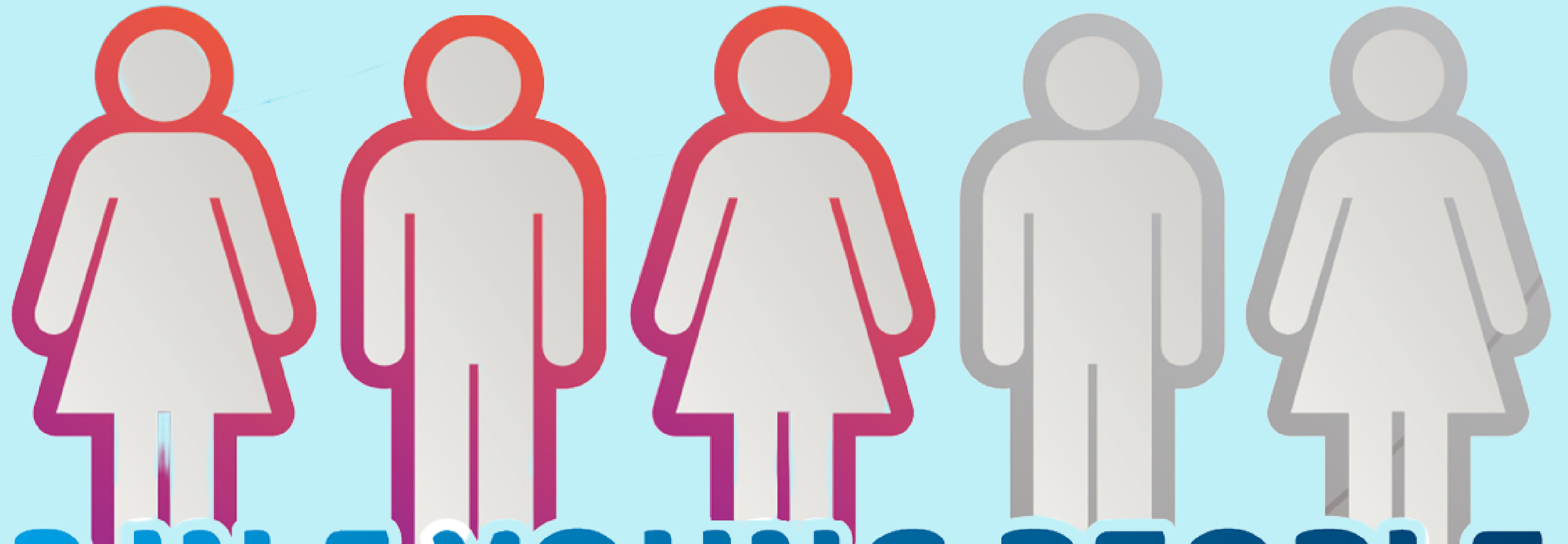


JUST OVER

3 IN 5

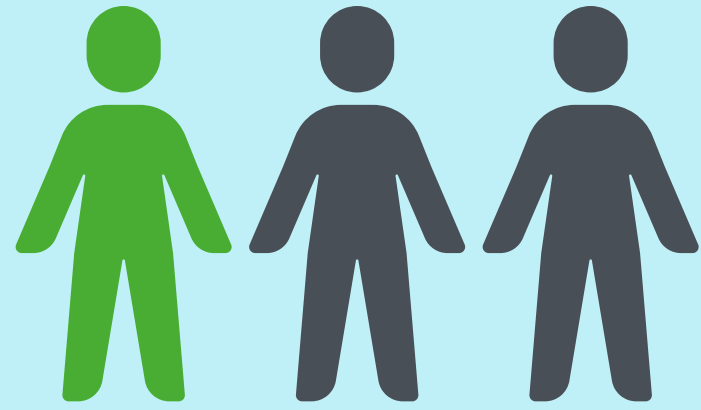
PROFESSIONALS

**who responded to our
survey had seen binbags
being used to move any or
all of the belongings of a
child or young person with
whom they had worked in
the last five years.**



3 IN 5 YOUNG PEOPLE

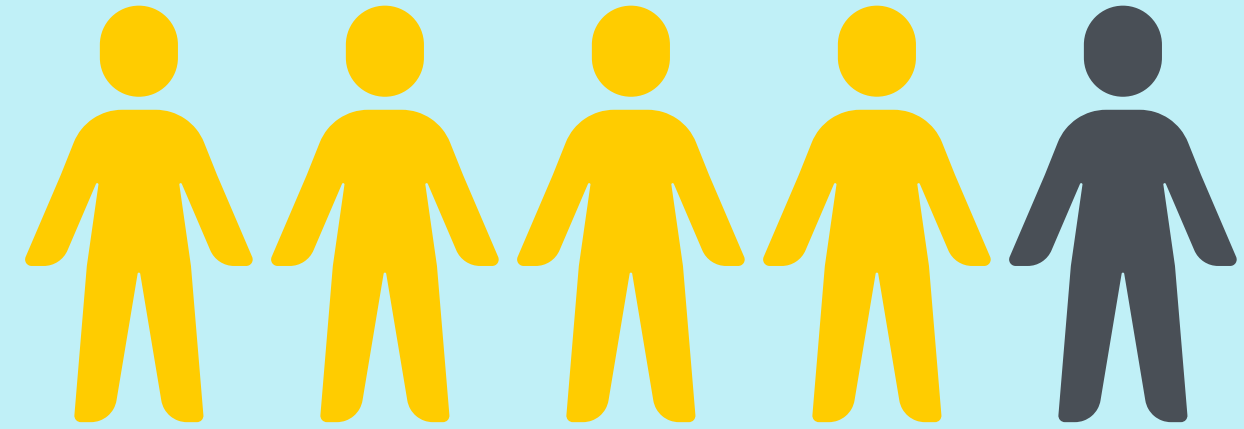
said that at least one, but often more of their personal belongings had been lost or damaged when moving home while living in care.



Only

1 IN 3

LOCAL AUTHORITIES
have formal written
guidance used to support
their staff or carers to
help children and young
people to move
successfully.



4 in 5

**CHILDREN AND
YOUNG PEOPLE**
said they were not
contacted by someone
from their local authority
to ask for
their views about how
the move went.



1

We will help you to keep your most precious belongings with you safely during your move and promise they will not be moved in binbags.

2

We will provide written guidance for you and anyone helping you to move, which we will publish on our website.

3

We will never move or throw away your belongings without your consent and will always respect your personal property.

4

We will support you to make a complaint if any of your belongings have been lost or damaged during your move.

5

We will communicate with you about your move and ask you how the move went.

Next steps

1

Publish the pledge and your guidance concerning placement moves on your website. Make sure the guidance turns the pledge into practice.

2

Order your free pack-away travel bags through NYAS' partnership with Madlug, so that no children and young people in care are forced to use bin bags when moving.

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3

Inform children and young people of your local authority's commitment to NYAS' 'My Things Matter' pledge and what they can expect when moving.

4

Support staff through any changes made by their line manager and colleagues in relation to NYAS' 'My Things Matter' pledge, including the Emergency Duty Team and others involved in moves.

5

Inform management and members about the important commitment the local authority has made to improve the experience of moving for all your children and young people in care.

6

Celebrate your achievements in relation to the 'My Things Matter' pledge through internal newsletters, annual accounts statements, reports to members and senior managers, social media channels, etc. Let NYAS know of key achievements so that we can publicise and celebrate these with you.

7

Assist NYAS in their evaluation of the 'My Things Matter' campaign by providing evidence when requested of actions and outcomes related to the pledge.



Thank you for working with us to enrich the lives and experiences of the children and young people in your care.



**CORPORATE PARENTING
ADVISORY COMMITTEE**

26 JUNE 2023

REPORT OF THE DIRECTOR, CHILDRENS SERVICES

**CHILDREN AND YOUNG PEOPLE EMOTIONAL WELLBEING MENTAL HEALTH
SERVICE UPDATE**

Reason For the Report

1. To provide the Committee with an overview of the Children and Young People's Emotional Wellbeing and Mental Health Services

Background

2. There have previously been a number of services being provided to children and young people with mental health difficulties. These have operated in different ways, but have included:
 - Services previously delivered under a South Wales Child and Adolescent Health Service (CAMHS) under a regional network arrangement and hosted by Cwm Taf University Health Board.
 - Primary Mental Health repatriated these services into Cardiff and Vale University Health Board in 2016.
 - Specialist Child and Adolescent Mental Health Services (SCAMHS) were repatriated to Cardiff and Vale University Health Board in 2019

Issues

The Objective of the New Services:

3. To provide an integrated children and young people's emotional wellbeing and mental health service, with a single point of access and no wrong door approach.

Benefits of the New Services:

4. A number of Improvements have been made to services for children and young people needing assessment and support for mental health and wellbeing, these include:

- The Service has grown its workforce
- There is a Single Point of Access with a consultation line for professionals
- Sustainable Core Service which includes improved waiting times for assessments
- Digital offer for children and families
- Clear pathways of care
- Improved Crisis Pathway – increased staffing and extended hours
- Engaged and coproduced with Children and Young People, including all patient comms and a website

5. A number of new services have been set up, these include:

- Intensive Home Treatment Service
- Specialist Eating Disorder Service
- Schools In Reach Team and Specialist Emotional Wellbeing School Nurses
- Embedded Mental Health Practitioner in the Early Help Service
- Community Connections: Social Prescribing Project

Financial Implications

6. There are no direct financial implications arising from this report but if in the carrying out of the services, additional or unbudgeted financial costs are identified then the funding source needs to be identified prior to spending.

Legal Implications

7. There are no legal implications arising from this report

RECOMMENDATION

8. To consider how these services impact on Children Looked After and what could be done to best develop and support their mental health and wellbeing.

DEBORAH DRIFFIELD
DIRECTOR, CHILDRENS SERVICES
14 JUNE 2023



CYPF
Children, Young People
& Family Health Services



GIG
CYMRU
NHS
WALES

Bwrdd Iechyd Prifysgol
Caerdydd a'r Fro
Cardiff and Vale
University Health Board

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CHILDREN & YOUNG PEOPLE'S EMOTIONAL WELLBEING AND MENTAL HEALTH SERVICES



Our History

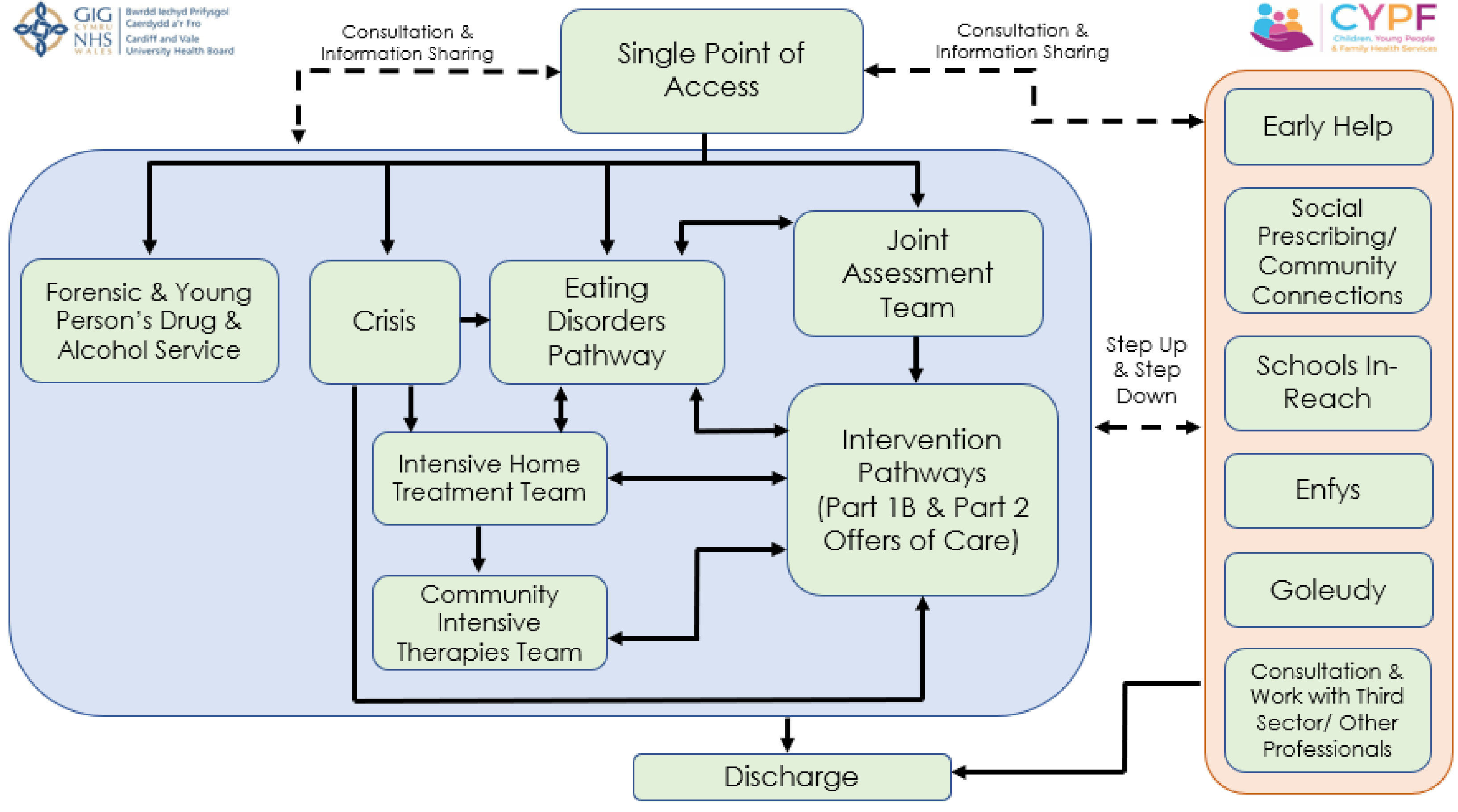


- Services previously delivered under a South Wales CAMHS Network hosted by Cwm Taf University Health Board.
- Primary Mental Health repatriated to Cardiff and Vale University Health Board in 2016.
- SCAMHS repatriated to Cardiff and Vale University Health Board in 2019



Objective

“To provide an integrated children and young people’s emotional wellbeing and mental health service, with a single point of access and no wrong door approach.”



Improvements Made



- Grown our workforce
- Single Point of Access with consultation line for professionals
- Sustainable Core Service – improved waiting times for assessment
- Digital offer
- Clear pathways of care
- Improved Crisis Pathway – increased staffing and extended hours
- Engaged and coproduced with CYP including all patient comms and a website

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New Services



- Intensive Home Treatment Service
- Specialist Eating Disorder Service
- Schools In Reach Team and Specialist Emotional Wellbeing School Nurses
- Embedded Mental Health Practitioner in the Early Help Service
- Community Connections: Social Prescribing Project

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Where Next?

- Improve waiting times
- Increase our visibility in communities
- EmPOWER Programme
- Launch of The Hangout
- Continued exploration of alternatives to admissions





Single Point of Access (SPOA)



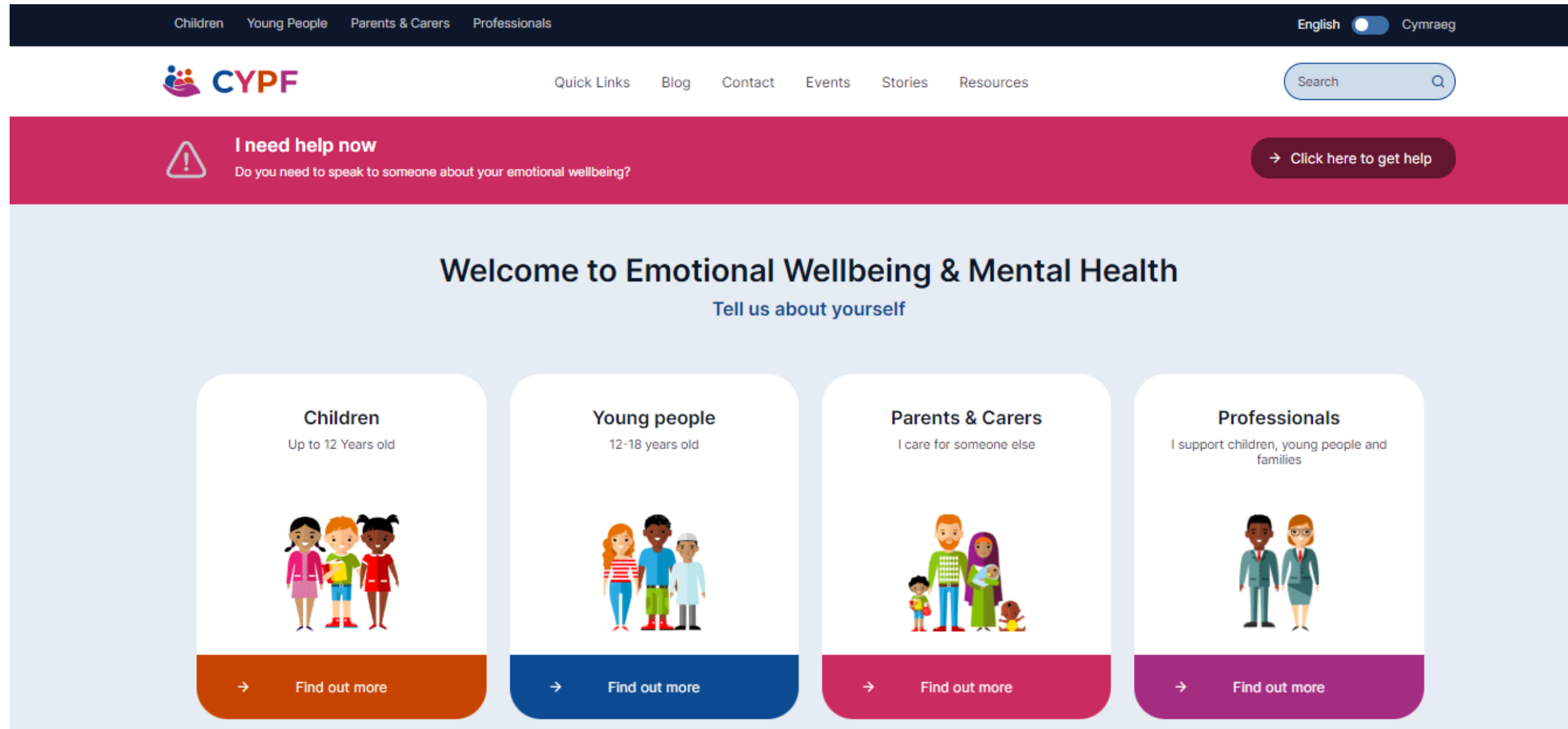
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Our Single Point of Access team are always on hand to offer support.

We offer consultation to professionals between 10:00 – 14:00 Monday to Friday. You can call us on 02921 836730.

More information on making a referral can be found on our website: cavyoungwellbeing.wales

Have you visited our website?



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We have lots of useful information about our services for children, young people, families and professionals on our website:

cavyoungwellbeing.wales

Mae'r dudalen hon yn wag yn fwiadol

**CORPORATE PARENTING
ADVISORY COMMITTEE****26 JUNE 2023**

REPORT OF THE DIRECTOR, CHILDRENS SERVICES

**UPDATE ON STATUTORY HEALTH AND INFORMATION FOR LOOKED
AFTER CHILDREN****Reasons for the Report**

1. The purpose of this report, included at Appendix A, is to provide the Committee with an update regarding Health Assessments for Looked after Children.

Background

2. The Children Looked After team (health) are an important part of the Children, Young People and Family Health Directorate and deliver an area of work where there are statutory health requirements. It is well known that children in care have adverse health outcomes so the assessments are aimed at improving health outcomes and reducing health inequalities, as well as ensuring identified health needs are actioned and monitored.
3. The service is provided by a small staffing team of Consultant Paediatricians and Specialist Nurses.
4. It is widely acknowledged that there has been a growth in the number of children looked after with a direct impact on the number of health assessments the team need to deliver. Until recently the team has not grown in line with the growth in demand.

Issues

5. The report summarises and gives an overview of the statutory responsibilities for monitoring the health of Children Looked After. It also outlines the role of the key people in assessing and monitoring the health needs of Children Looked After, including the Looked After Health Nurses.
6. There has been a significant rise in the number of Children Looked After in recent years, however the number of Looked After Health Nurses has remained well below the required levels.
7. Health assessments are currently delivered by both Medical and Nursing staff. Nurse led clinics were historically undertaking assessments on over 10s. All

other assessments are undertaken by Medical Staff, including fostering & adoption, and associated adult health assessments.

8. Based on this model and workforce, demand for Health Assessment exceeds capacity. Recognising these pressures the Health Board has taken a number of actions, which include:
 - Increase in nursing resource – the nursing resource has increased by 67% from 4.2 whole time equivalent posts to 7. This has significantly increased the number of Health Assessments that can be completed.
 - Modernisation and change of delivery models – nursing teams will now undertake assessments for over 5s which has significantly reduced the burden on a very small medical workforce.
 - Increase in Medical session to focus on adult health assessments, and statutory assessments for adoption.
9. Further consideration and developments are included in the report and include:
 - Further nurse recruitment to consider Health Visiting roles.
 - Review of completion of under 5s. These children require 2 health assessments per annum, currently undertaken by Medics. Consideration is being given to the nurse / health visiting completing one of the two annual assessments.
 - Develop patient Information system and data capture for the service in order to support ongoing monitoring.
 - Review of outcomes from Audit of quality of Health Assessments and information sharing.
 - Development of Health passport for children leaving care.

Financial Implications

10. The appendix highlights consideration of expanding the workforce and this needs to be in conjunction within the parameters of affordability and the existing budgetary allocation

Legal Implications

11. There are no legal implications arising from this report

RECOMMENDATIONS

12. To review the statutory health information and update provided.
13. To consider the arrangements for assessing our Looked After Children, whether this meets the requirements and what can be done to support the health monitoring arrangements.

DEBORAH DRIFFIELD
DIRECTOR, CHILDRENS SERVICES

19 JUNE 2023

Appendix A – Updated prepared by CYPF



GIG
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WALES

Bwrdd Iechyd Prifysgol
Caerdydd a'r Fro
Cardiff and Vale
University Health Board

CYPF
Children, Young People
& Family Health Services



PPIT
Gwasanaethau Plant, Pobl
Ifanc ac Iechyd Teuluol

CHILDREN LOOKED AFTER UPDATE ON STATUTORY HEALTH AND INFORMATION FOR LOOKED AFTER CHILDREN

INTRODUCTION

The purpose of this report is to provide the Corporate Parenting Advisory Committee an update regarding Health Assessments for Looked after Children (LAC).

BACKGROUND

The Children Looked After team are an integral part of the Children, Young People and Family Health Directorate and deliver an area of work where there are statutory health requirements. It is well known that children in care have adverse health outcomes so the assessments are aimed at improving health outcomes and reducing health inequalities, as well as ensuring identified health needs are actioned and monitored.

The service is provided by a small staffing team of Consultant Paediatricians and Specialist Nurses.

It is widely acknowledged that there has been a growth in the number of children looked after with a direct impact on the number of health assessments the team need to deliver. Until recently the team has not grown in line with the growth in demand.

REGULATIONS

The regulations stipulate that within 28 days of a child being accommodated by the local authority they should have a holistic health assessment.

In addition to the initial health assessment, for children under the age of 5 years a review health assessment should be undertaken every 6 months, for those aged 5+ years this should be completed annually.

Meeting these regulations has been challenging due to the increased demand without any expansion in the workforce. Delays in manual notification from the local authority also have an impact on the ability to undertake an assessment within 28 days of being taken into care.

ASSESSMENT AND ACTIONS

There has been a consistent increase in children in care in across Cardiff and the Vale of Glamorgan. This increase in numbers of children looked after have a significant impact on the number of initial & review health assessments required each year. However, capacity has remained the same, resulting in a backlog of both new and review health assessments.

Health assessments are currently delivered by both Medical and Nursing staff. Nurse led clinics were historically undertaking assessments on over 10s. All other assessments are undertaken by Medical Staff, including fostering & adoption, and associated adult health assessments.

Based on this model and workforce, demand for Health Assessment exceeds capacity. Recognising these pressures the Health Board has taken a number of actions;

- Increase in nursing resource – the nursing resource has increased by 67% from 4.2 whole time equivalent posts to 7. This has significantly increased the number of Health Assessments that can be completed.
- Modernisation and change of delivery models – nursing teams will now undertake assessments for over 5s which has significantly reduced the burden on a very small medical workforce.
- Increase in Medical session to focus on adult health assessments, and statutory assessments for adoption.

There has already been an improvement in performance with a reduction in the backlog of children awaiting an initial assessment.

In addition to the increasing backlog of assessments this increase in demand has resulted in nurses carrying significant numbers of children on their caseload. The Royal College of Paediatrics and Child Health recommend caseloads of 100 within the competencies of healthcare staff intercollegiate document. Based on current numbers of nursing staff caseload remain in excess of these levels.

Further consideration & developments

- Further nurse recruitment to consider Health Visiting roles.
- Review of completion of under 5s. These children require 2 health assessments per annum, currently undertaken by Medics. Consideration is being given to the nurse / health visiting completing one of the two annual assessments.
- Develop patient Information system and data capture for the service in order to support ongoing monitoring.
- Review of outcomes from Audit of quality of Health Assessments and information sharing.
- Development of Health passport for children leaving care.

To note health assessment targets are only a small aspect of the work undertaken by this workforce. Other responsibilities are identified in Appendix 1.

SUMMARY

There has been a consistent growth on the number of children looked after. This has a direct impact on health, with an increase in the needs for Health Assessments and other associated work.

The Health Board has responded with an agreement to increase the nursing workforce and expand the age range. This will reduce the demand on the very small medical workforce. The demand and capacity is under continual review, with further consideration being given to expand the workforce.

Duties of the medical advisors for adoption and fostering

Adoption

- Adoption clinic
- Clinical Administration
- ADM packs
- Adult health forms
- Meeting with prospective adopters
- PART C updates (either because new information has been shared, the child is placed out of area, the initial medical was completed when the child was LAC and not under adoption regulations, the health visitor has completed the review medical)
- Adoption panel
- Adoption panel preparative reading
- Parental Health forms
- Adult health records released from legal during care proceedings
- Information sharing and reports for adoption placements
- Letters and referrals or/from children placed out of area
- Queries from medical advisors out of area
- Post adoption queries/issues
- Access to records
- Emergency department safeguarding notifications
- Quarterly meetings – RAC management board meetings, LAC steering group, Safeguarding steering group, RAC medical advisors' meetings, Welsh Medical Group business meeting and peer review, Cardiff and Vale LAC team meetings
- Team management and support of Looked After nurse specialists

Fostering

- Adult health forms for fostering
- LAC clinics
- Foster panel
- Foster panel preparatory reading
- Review Part C's
- Health care needs forms for those children out of area
- Review health assessments completed by the specialist nurses, health visitors and other doctors

Duties of the Looked After Children Nurse Specialist

- Initial and review health assessments
- LAC review meetings
- Strategy meetings
- Case conferences
- CSE strategy meetings
- Hospital discharge meetings
- MDTs
- Placement panel
- Unaccompanied asylum seeker clinics
- Referrals to other health boards and health professionals
- Taking children to health appointments (e.g. sexual health, CAMHS, dentist)
- Working groups meetings – e.g. asylum seekers
- LAC Cymru meetings
- All Wales LAC steering group
- Psychology supervision
- Safeguarding supervision
- ED safeguarding meetings
- Team Meetings
- Teaching e.g. Health Visitors
- Training foster carers, residential staff etc
- Access to records

Mae'r dudalen hon yn wag yn fwriadol

**CYNGOR CAERDYDD
CARDIFF COUNCIL****CORPORATE PARENTING
ADVISORY COMMITTEE****26 JUNE 2023**

REPORT OF THE DIRECTOR, CHILDRENS SERVICES

ENFYS, A PSYCHOLOGY LED SERVICE FOR CHILDREN THAT ARE LOOKED AFTER UPDATE**Reasons for the Report**

1. This report has been prepared to provide the Committee with an update in relation to Enfys; a Psychology led Service for Children that are Looked After.

Background

2. The service, previously known as the Developmental Trauma Service, was established in August 2016 and was originally just a part-time Clinical Psychologist who then became full time in August 2017. The service has always offered support to both Cardiff and the Vale of Glamorgan. The service was originally commissioned from money in the Health Board and recent investment from Cardiff Social Services, the Vale Social Services, the Health Board and Education has allowed the expansion of the service. In May 2020 the service was re-launched as Enfys, which means rainbow in Welsh, and was suggested as a name by one of the young people that they were working with.

Issues**How the Service works**

3. Enfys has grown and expanded in recent years and now consists of a range of Psychologists, Mental Health Workers and Occupational Therapist. Enfys has a pyramid model which explains how support is offered. There are over 1300 children who are looked after in Cardiff and the Vale of Glamorgan. To meet this demand the service provides a predominantly consultation-based model of service delivery. Once a family or child has had support at one level, they can move up to the next level if it is considered there is a need for more intensive support.
4. The number of families Enfys works with at each level decreases as you go up the pyramid. The service supports foster carers, social workers, teachers, or

anybody else involved in a child's care, to complete the nurturing attachment group. Enfys offers play therapy and attachment groups at the different levels, as well as being able to provide Dyadic developmental psychotherapy (DDP), which is an attachment-focused therapy, for a small number of children and families at the top tier of the pyramid for those most in need.

Financial Implications

5. There are no direct financial implications arising from this report but if in the carrying out improvements in how the service meets the needs of our Looked After Children then the funding source needs to be identified prior to spending and within existing overall budgetary allocations.

Legal Implications

6. There are no legal implications arising from this report.

RECOMMENDATION

7. To note the update on Enfys and to make any observations or comments.
8. To consider how the service meets the needs of our Looked After Children; whether this is sufficient to meet the numbers of children Looked After; and how it is reported to the Committee going forward.

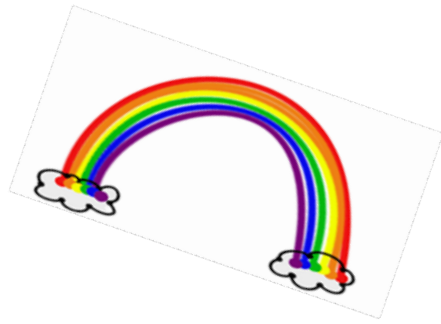
DEBORAH DRIFFIELD
DIRECTOR, CHILDRENS SERVICES
16 JUNE 2023

Appendix A - Presentation

eNFyS



Who are Enfys?



- We are a developmental trauma service for children who are looked after, pre and post adoption and on the edge of care.
- The team currently:
 - 1 Consultant Clinical Psychologist
 - 1 Lead Occupational Therapist
 - 3 part-time Clinical Psychologists
 - 2 full time Clinical Psychologist
 - 3 Graduate Mental Health Workers
 - 1 Trainee Clinical Psychologist
 - 1 Psychology Placement Student
 - 1 Team Secretary

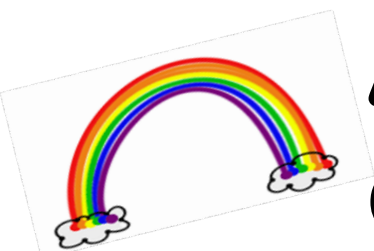


Enfys pyramid



We work at 4 levels from one-off consultations, through to long term work with families.





Advice and support consultations

Tudalen 48

ENFYs ADVICE AND SUPPORT

Cardiff Children Services

Advice and Support Sessions **every Monday**

We prioritise these sessions for children who are looked after, but also support children who are adopted and at the edge of care

You will be offered a 30 minute slot unless you request one of our hour long slots where you can also bring foster carers/residential staff



TO BOOK AN ADVICE AND SUPPORT SLOT PLEASE CONTACT
ENFYs.CAV@WALES.NHS.UK
WITH DETAILS OF THE CHILD YOU WISH TO DISCUSS

WE LOOK FORWARD TO SEEING YOU ALL SOON

These sessions will be held virtually until further notice

ENFYs CO-LOCATION SIGN-UP SHEET

Members of the Enfys team will be visiting on (Insert date) if you would like to prebook a slot please put your name and the name of the child you would like to discuss in the table below.

Feel free to pop in for a chat if there are an open spots

Time	Your name	Childs Name
9:30 - 10:00		
10:15 - 10:45		
11:00 - 11:30		
11:45 - 12:15		
1:00 - 1:30		
1:45 - 2:15		
2:30 - 3:00		
3:15 - 3:45		
4:00 - 4:30		

ENFYs ADVICE AND SUPPORT

Vale Children Services

Advice and Support Sessions **every Thursday**

We prioritise these sessions for children who are looked after, but also support children who are adopted and at the edge of care

You will be offered a 30 minute slot unless you request one of our hour long slots where you can also bring foster carers/residential staff



TO BOOK AN ADVICE AND SUPPORT SLOT PLEASE CONTACT
ENFYs.CAV@WALES.NHS.UK
WITH DETAILS OF THE CHILD YOU WISH TO DISCUSS

WE LOOK FORWARD TO SEEING YOU ALL SOON

ENFYS GROUP



Introduction

The Enfys Group is based on the Foundations of Attachment Programme (Golding, 2017), for those parenting or caring for children who have relationship difficulties, especially children who have experienced attachment problems, trauma, loss and/or separation, early in their life. The programme is based on Dyadic Developmental Psychotherapy (DDP; Hughes, 2009, 2011).

The group will be facilitated by team members from Enfys. It will be a closed group, potentially including foster carers, kinship carers and other professional staff who are working with children who are looked after. This is an opportunity to gain knowledge in a supportive, safe environment.

Aims to help parents/carers to:

- Gain an understanding of the challenges and explore ways to build connection and trust in relationships. This can lead to increased attachment security and reduced levels of shame
- Aid carers in understanding how to provide support for behaviours, alongside building these connections
- Think about the sensory aspects of developmental trauma and how to support these needs
- Help to explore the challenges of caring for children with blocked trust and understand the importance of looking after themselves
- Gain an understanding in some of the ways early trauma can shape a young persons perceptions of themselves, the world and others.

**To add your name to the waiting list please email us at
enfys.cav@wales.nhs.uk**

Overview of the Course

The group is held over six consecutive weeks and covers the following subjects:

Week 1: Introducing group and developmental trauma

Week 2: Attachment and shame

Week 3: Rhythm of regulation

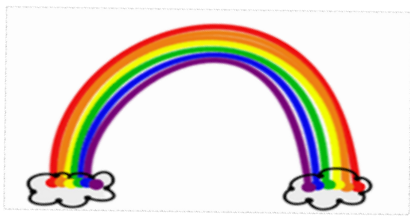
Week 4: Therapeutic parenting and PACE

Week 5: PACE and consequences

Week 6: Self-care, blocked-care and goodbye

Note: We ask that participants commit to attending at least 5 of the 6 sessions. We understand that people may miss one due to illness/childcare/holidays, but have found that if more than one session is missed, then the group becomes really difficult to follow. If participants cannot commit to at least 5 sessions, then let us know and we can re-allocate them to the next available group

Workshops



Our **Rhythm of Regulation** workshop is run as part of the Enfys group, however these are also offered as standalone workshops as well. Those offered standalone workshops are also offered a bespoke consultation with our Occupational Therapist in order to embed the knowledge further.

Tudalen 50

Food for Thought is a workshop which supports carers and health professionals to think about how trauma can affect food related behaviours. This is run as a joint piece from both our Clinical Lead Occupational Therapist Jenn and one of our Clinical psychologists.

'RHYTHM OF REGULATION' WORKSHOP

The workshop will cover the following themes:



- What do we understand by the term **regulation**
- The development of regulation and the importance of **co-regulation** and how this is impacted by trauma
- Understanding the **nervous system**
- **Survival states**
- Regulation '**tool kit**'

'FOOD FOR THOUGHT' WORKSHOP

Please email: enfys.cav@wales.nhs.uk

Aims & objectives:

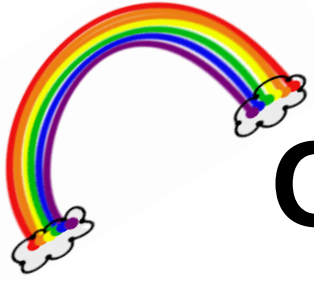
- TO CONSIDER THE COMPLEX REASONS WHY CHILDREN AND YOUNG PEOPLE STRUGGLE WITH THEIR RELATIONSHIP WITH FOOD
- TO EXPLORE THE DEVELOPMENTAL, EMOTIONAL, PHYSIOLOGICAL AND SENSORY REASONS
- TO OFFER STRATEGIES AND SUGGESTIONS TO SOME COMMON CONCERNS
- TO SIGNPOST TO ADDITIONAL SUPPORT AND RESOURCES

Common areas of concern:

- HOARDING/TAKING FOODS
- EATING QUICK/SLOW
- FUSSY/LIMITED DIET
- CRAMMING THEIR MOUTHS
- UNABLE TO SHARE FOODS
- WON'T TOUCH FOODS WITH HANDS
- ALWAYS WANTING SNACKS
- MESSY EATER
- STRUGGLES TO SIT AT THE FAMILY TABLE TO EAT



Facilitated by Jenny Jones, Clinical Lead Occupational Therapist, Dr Laura Coote, Clinical Psychologist and Sue Marshall, foster carer



Ongoing support to families

- Assessment and formulation of therapeutic need
- Based on child, young person or family individual needs (needs led)
- Dyadic Developmental Psychotherapy –based support
- Members of the team are skilled in a variety of therapeutic models, as well integrative working (e.g. play based work, EMDR, DBT, Tree of Life, TF-CBT, ACT)





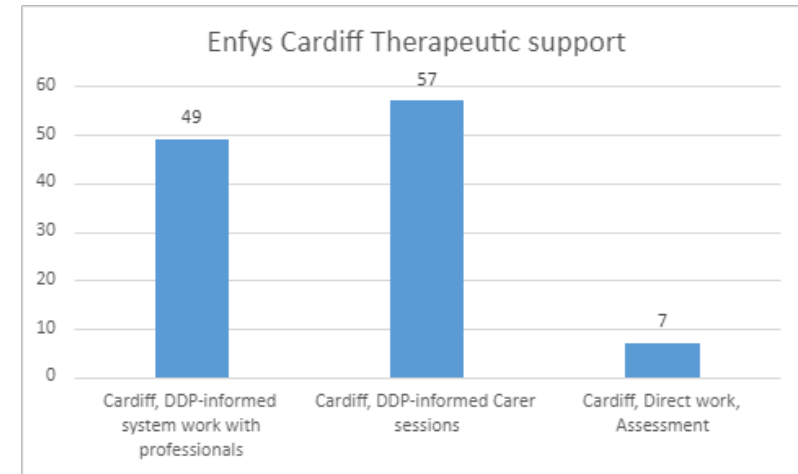
Working alongside other services

- 6-weekly supervision with CLA nurses
- 6-weekly supervision to post-adoption service
- Co-location with East, North, South teams in Cardiff Children's Services every month
- Co-location with post-adoption service every 2 weeks
- ARC – dedicated psychologist embedded in the edge of care service

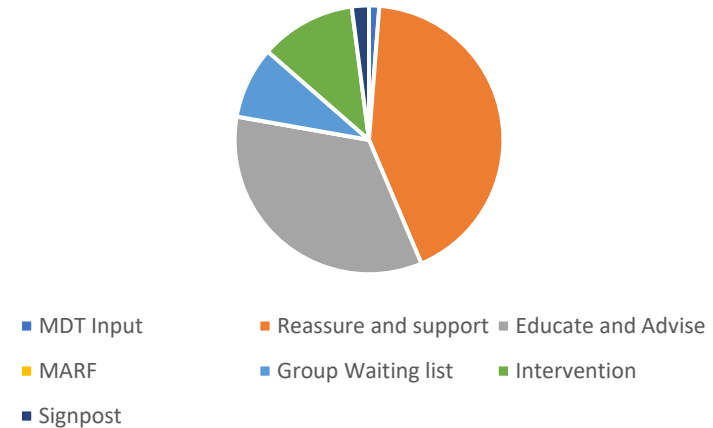
2023 Data

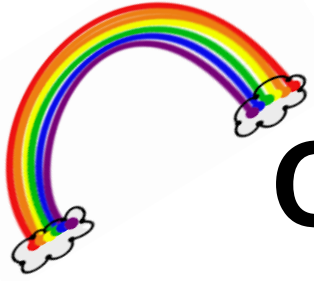
- So far, this year, 5 Enfys groups have been run for individuals from both Cardiff and Vale.
- Within Cardiff, Enfys has provided 246 Advice and Support Sessions since January. The outcomes are shown in the Pie Chart

All Enfys therapeutic work specifically in Cardiff since January 2023



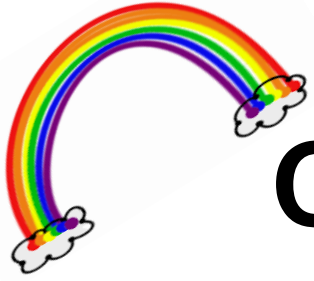
Outcome Measure:





Challenges

- Accommodation
- Numbers of children covered by our current remit vs. Enfys resource
- Increasing costs for outsourced provision
- Impact of covid, particularly for our adoptive families
- Creating long-term stability with partnership staff turnover and burnout



Celebrating Success

- Blueprint Study
- Incoming OT
- Research
- Partnership working
- Team resilience and prioritising well-being
- Passion and commitment

Mae'r dudalen hon yn wag yn fwriadol

**CYNGOR CAERDYDD
CARDIFF COUNCIL****CORPORATE PARENTING
ADVISORY COMMITTEE:****26 JUNE 2023**

REPORT OF THE DIRECTOR, CHILDRENS SERVICES

CHILDRENS SERVICES EMOTIONAL WELLBEING PROJECT**Reasons for the Report**

1. To provide the Committee with an update in relation to the Children's Services Emotional Wellbeing project.

Background

2. During the COVID-19 pandemic Cardiff experienced an increase in the number of children and young people presenting to emergency units following self-harm or suicide attempts.
3. Whilst the majority of young people were able to be discharged back to their homes or previous placements once they were medically fit, there were a small but growing number of young people who did not meet the criteria for Child and Adolescent Mental Health Services (CAMHS) or tier 4 in-patient support because their needs were not best described as related to a 'mental illness' but did require ongoing support to enable them to safely return to living within the community.
4. In response, with partners, a multiagency project has been established within the Regional Partnership Arrangements to improve outcomes for children and young people in emotional crisis and the presentation in Appendix A outlines the approach and progress to date.

Financial Implications

5. There are no direct financial implications arising from this report but if in the implementation of this project, financial costs are identified then the funding source needs to be identified prior to spending.

Legal Implications

6. There are no legal implications arising from this report.

RECOMMENDATION

7. To note the Children's Services Emotional Wellbeing project and make any observations or comments and, if appropriate agree how the implementation of this project is reported to this committee going forward.

**DEBORAH DRIFFIELD
DIRECTOR, CHILDRENS SERVICES
16 JUNE 2023**

Appendix A: Presentation



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Children and Young People – Emotional Wellbeing Project

Tudalen 59



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Background



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Tudalen 60

- During the COVID-19 pandemic Cardiff experienced an increase in the number of children and young people (CYP) presenting to emergency units following self-harm or suicide attempts.
- Whilst the majority of young people were able to be discharged back to their homes or previous placements once they were medically fit, there were a small but growing number of young people who did not meet the criteria for Child and Adolescent Mental Health Services (CAMHS) or tier 4 in-patient support because their needs were not best described as related to a 'mental illness' but did require ongoing support to enable them to safely return to living within the community.
- These young people were best described as experiencing past and current extreme emotional crisis and were often not able to return home or to previous placements because this was either not an appropriate environment to meet their needs and allow a period of emotional stabilisation, or there were multi agency concerns in relation to the ability for risk to be mitigated within these environments.
- The project was approved as part of the Starting Well Board in which Health commissioned a piece of work to be undertaken to look at Emotional Wellbeing and Mental Health Services for children and young people . As part of this work Childrens Services were tasked with leading on the crisis work where there were safeguarding issues. The purpose of the crisis work was to look at a Social Care integrated model between Health and Children's Services.
- The outreach staff team and the accommodation solution provide support and safe space for a young person to stabilise following their emotional distress and become ready to start the intensive therapeutic work that addresses the cause(s) of their distress.



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Project Overview



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- **Issue** : Significant increase in the number of children and young people presenting at hospital in emotional crisis.
- **Project Aim**: Improve outcomes for children and young people in emotional crisis;
 - Reduce time spent on the paediatric ward for children and young people
 - Improve multi-agency discharge planning to ensure a safer move on
 - Wrap around clinical to team to work with children and young people in the community or in the stable base accommodation.
 - Education from both Local Authorities involved for the children and young people.
 - Improving collaborative work between Cardiff and Vale of Glamorgan Childrens Services and CAMHS (Child and Adolescent Mental Health Services)
 - Increased practitioner confidence when working with emotional distress or mental illness

Tudalen 61



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Progress



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- Close partnership working with Health to create joint hospital discharge procedures and safety plans for our children and young people in emotional crisis
- Successful implementation of weekly multi-agency meetings between Local Authorities and Health colleagues to discuss any issues or concerns and discuss any young people currently in hospital.
- Recruitment of a dedicated CAMHS Social Worker to work across agencies and is available for consultations with Social Work staff to provide a space for professionals to discuss young people where there are concerns about emotional crisis or mental illness. The CAMHS Social worker also arranges and chairs joint safety discharge meetings which take place when a young person is in hospital and there are concerns about the young person being safely discharged. This ensures information is shared between services and a plan is agreed to ensure a safe discharge from hospital.
- Creation of bespoke options for C&YP in urgent need of safe discharge until the accommodation is complete.
- Staff from across agencies have undertaken training to help with understanding and supporting this group of young people.

Tudalen 62



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Progress Continued..



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- Recruitment of Clinical team that will provide support to children and young people in emotional distress across all settings including community, home, and the accommodation.
- Child/Young Person Participation . Working with children and young people, the service has been named Goleudy which means Lighthouse in Welsh. Lighthouses have traditionally been viewed as symbols of hope and security. As beacons of light, they provide guidance for safe passage to sailors and protect not only their lives but the land nearby.
- A property has been identified for the accommodation solution and is currently working through the legal purchase process.
- Architects have been identified who will work closely with staff and the Clinical team to inform the space requirements, overarching design principles and environment.
- Working across agencies, the specification for the service is being finalised. Cardiff's Childrens Services Commissioning Team are working closely with Corporate Procurement in relation to the commissioning of the support provider. A successful market engagement event was held to brief providers on the project.
- Suicide Prevention and Self Harm Protocol in development with both local authorities



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Data



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- There have been 132 referrals to the CAMHS Social Worker in Cardiff (some of these are re-referrals between September 2021 – April 2023).

Data from referrals shows:

- The most common age group at referral is age 14 – 17.
- The most common age at referral is 16 (23 young people).
- 78 referrals required a consultation providing advice and support to Social Workers.
- 6 young people presented to A&E.
- 54 young people were admitted to UHW (not under the Mental Health Act) for safeguarding and received a Crisis Assessment.
- Of the 54 young people admitted to UHW, 28 were subject to a Care and Support Plan, 19 were Children Looked After and 7 were on the Child Protection Register.
- 39 referrals required joint discharge planning meetings. If the professionals involved are confident that all relevant information has been shared and the case will be a safe discharge, then a discharge planning meeting is not required.
- Positive Outcomes – Case Study



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Recovery Step down team & home providing accommodation and assertive outreach



Independent living



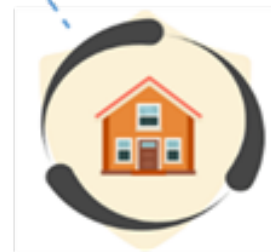
Foster home



Kinship home



Birth Family home



Childrens home



Adoptive home

Project Staffing

Clinical Team

- Consultant Clinical Psychologist Leadership
- Consultant Clinical Psychologist
- Clinical Psychologist
- Occupational Therapist
- Graduate Mental Health Workers
- Administrator

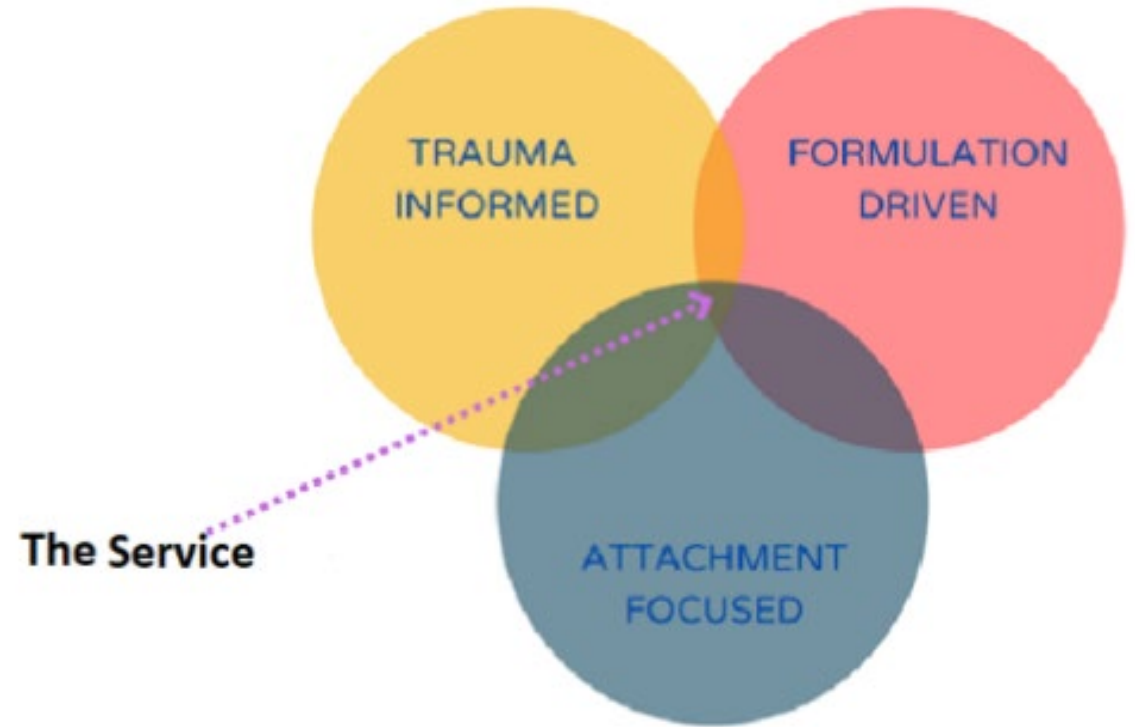
Tudalen 69

Local Authority (Cardiff and Vale of Glamorgan)

- Specialist Teacher x2
- CAMHS Social Workers x2

Contracted Service

- Registered Manager
- Deputy Manager
- Young Peoples Specialist Support Workers
- Housekeeping and Maintenance



Next Steps



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- Accommodation – complete purchase process, work with architects to design space
- Commission the Service
- Continue with the collaborative working between Childrens Services and Health to improve the outcomes for Children and Young people open to both services.
- Ongoing Training Development Plan to staff members

Community Engagement Event – representative to attend

Any Questions?



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Tudalen 67

Mae'r dudalen hon yn wag yn fwriadol

**CORPORATE PARENTING
ADVISORY COMMITTEE****26 JUNE 2023**

REPORT OF THE DIRECTOR, CHILDRENS SERVICES

PERFORMANCE MONITORING DASHBOARD QUARTER 4 2022 - 2023**Reason for the report**

1. This report includes the Key Performance Indicator Dashboard (as provided in Appendix A), which the committee has agreed is a standing bi annual agenda item.

Background

2. The Key Performance Indicator Dashboard outlines a range of key data from internal departments and outside agencies that have an impact on the lives of Children Looked After and Care Leavers. This will help members of the Committee understand the services and organisations that support care experienced young people in Cardiff.

Issues

3. From engagement with partners, and as discussed previously by the committee, the key performance indicators include information from the following departments:
 - Cardiff and Vale Health Board
 - Children Services
 - Bright Futures
 - Housing Directorate
 - Education Directorate
 - Criminal Justice System
 - Adolescent/ leaving care services
4. Where Key Performance Indicators for Children Looked After and Care Leavers have not been developed Children Services will work with the relevant organisation to increase the monitoring of Children Looked After and Care Leaver outcomes.

5. In line with the Committees Terms of Reference an Education Performance of Children Looked After Information report will be submitted annually. This report will provide further Key Performance Indicators including the number and percentage of Children Looked After with Additional Learning Needs, annual attainment data and Education Otherwise than at School information. As outlined in the Forward Work Program, this will be presented at the next Committee scheduled to take place in October 2023.

Financial Implications

6. This report outlines the proposal for a KPI dashboard to be collated utilising existing information and resources. Therefore, there are no financial implications arising.

Legal Implications

7. There are no legal implications arising from the report

RECOMMENDATIONS

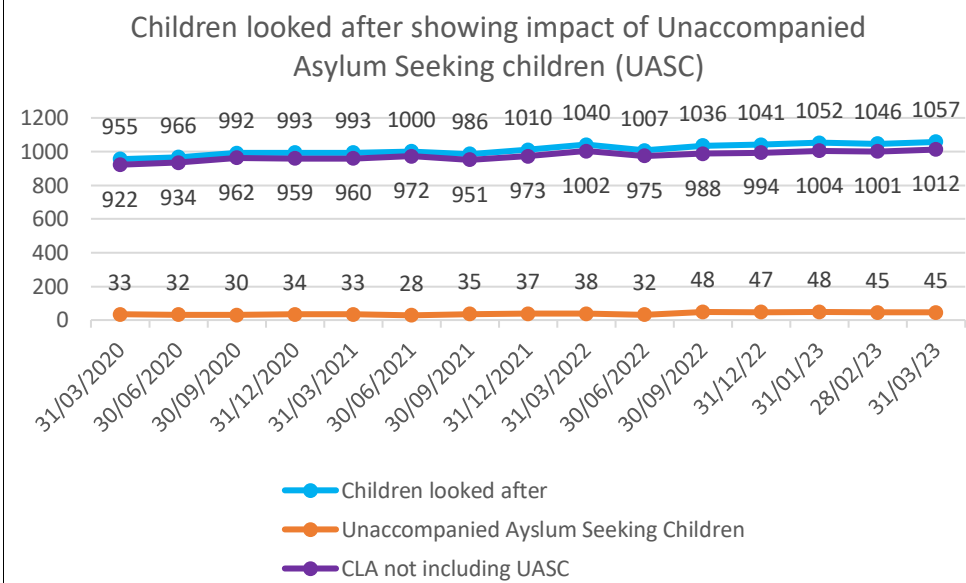
8. To make any observations and comments and note how the information is provided in the future.
9. To note any other services, departments, or organisations the Committee want included in dashboard
10. To consider how relevant Health Dentistry information for Children Looked After can be included as part of this dashboard.

DEBORAH DRIFFIELD
DIRECTOR, CHILDRENS SERVICES
16 JUNE 2023

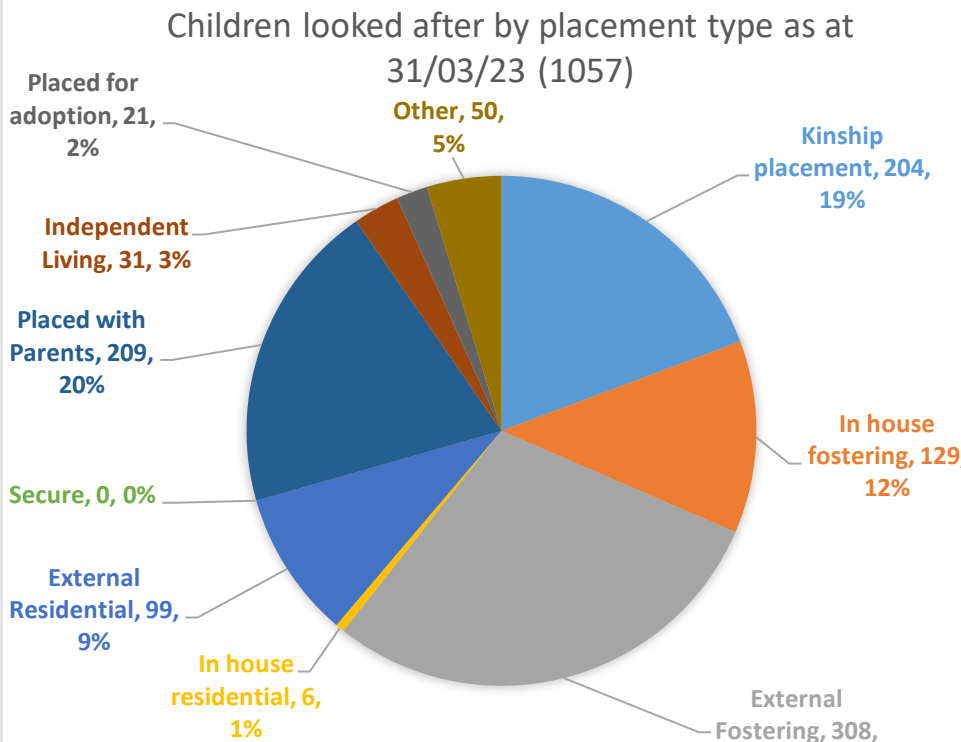
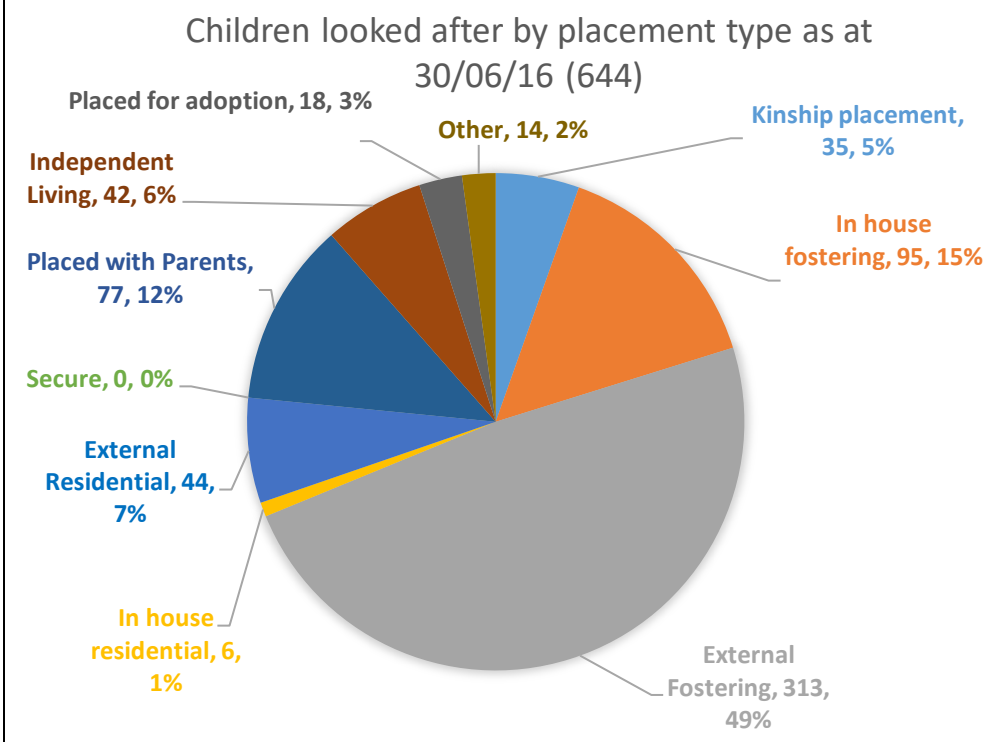
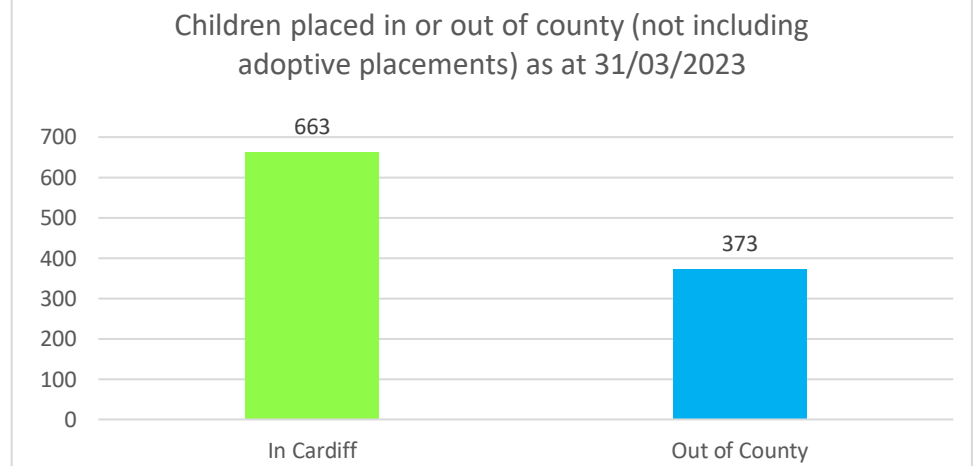
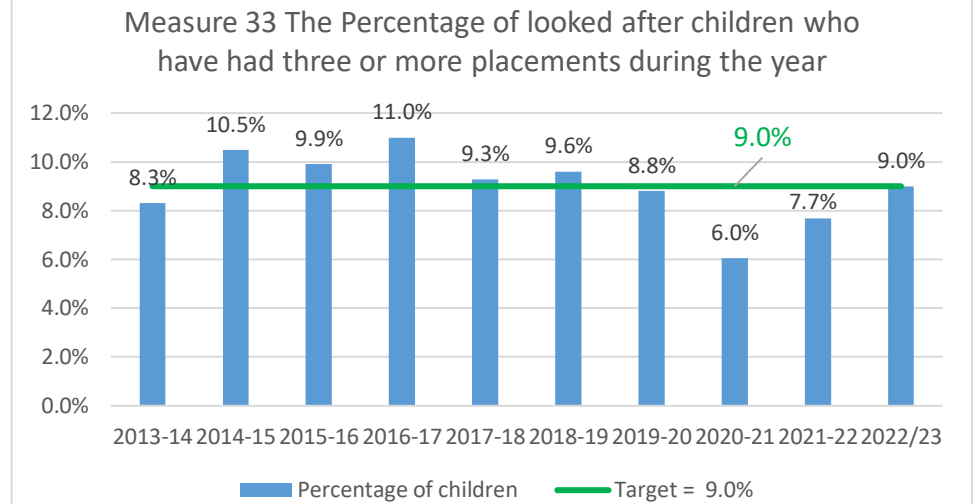
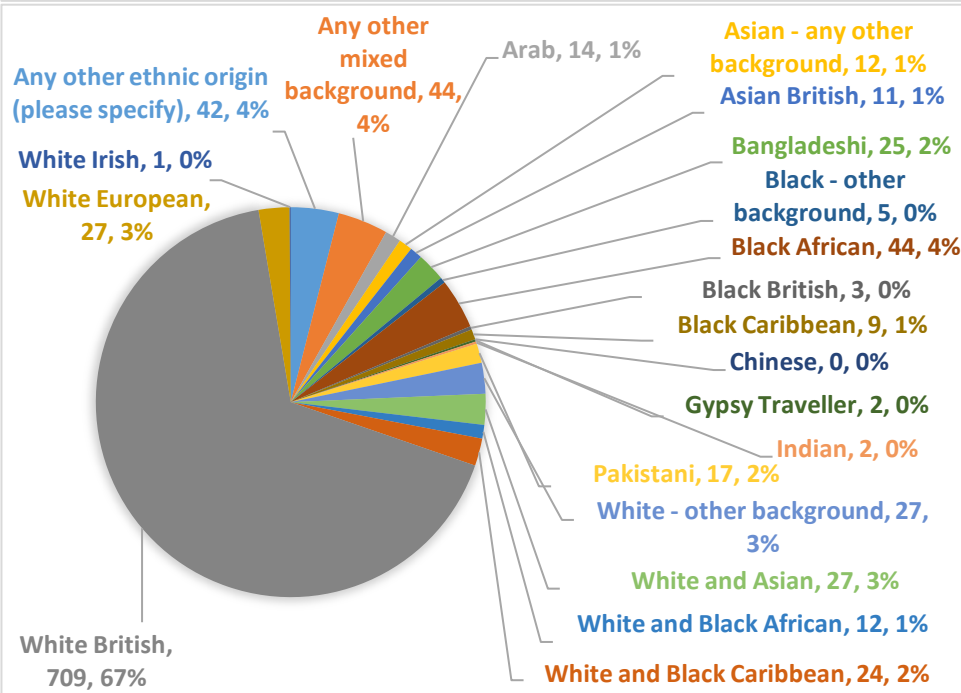
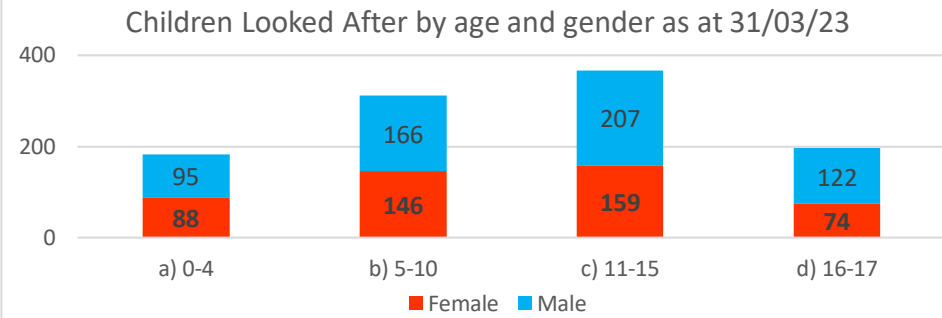
Appendix A – Performance Dashboard

CPAC Dashboard Quarter 4 2022-23

Children's Services



After a decrease in the number of children looked after in the early days of lockdown, a subsequent increase in new admissions led to a gradual increase from 939 at 27th April 2020 peaking at 1,040 at 31st March 2022. Since then, during Quarter 1 the number of looked after decreased to 1007 before steadily increasing through the rest of the year to reach 1057 as at the 31st March 2023. 100 of the 265 children (34%) who started being looked after during 2022/23 were placed with parents on a Care Order, with family / friends or in parent and baby placements. 45 of the 1,057 were unaccompanied asylum seeking children as at 31st March 2023.



The graph above shows the percentage of children looked after who have had 3 or more placements during the year = 9% (95 / 1,057.) This is a rolling result for the year, based on the children who were looked after as at 31st March 2023 and the number of placements they had during the preceding year. 95 of our children looked after as at 31st March 2023 had 3 or more placements during the year. This is in comparison to 7.7% (80 / 1,040) for the 2021/22 result as at 31st March 2022.

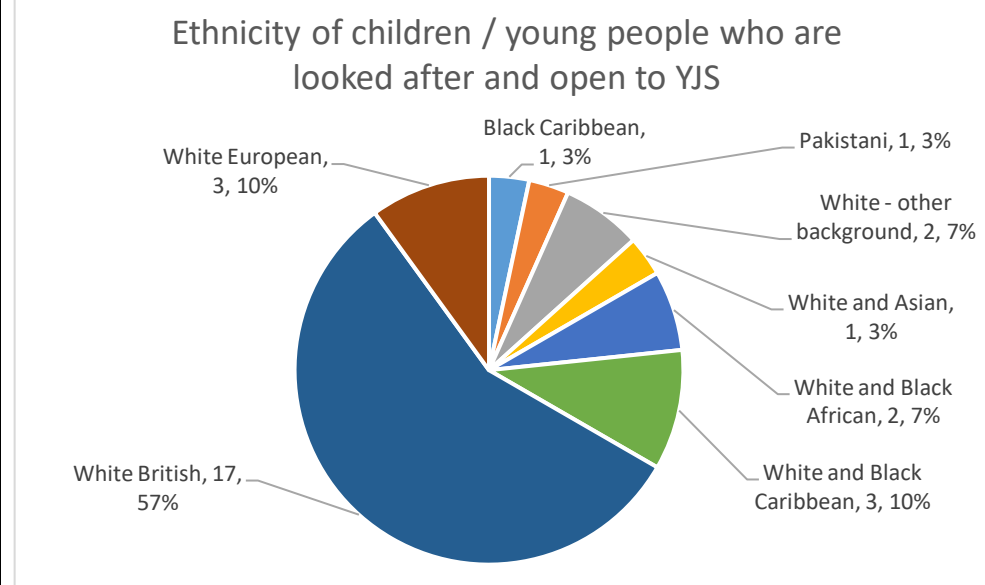
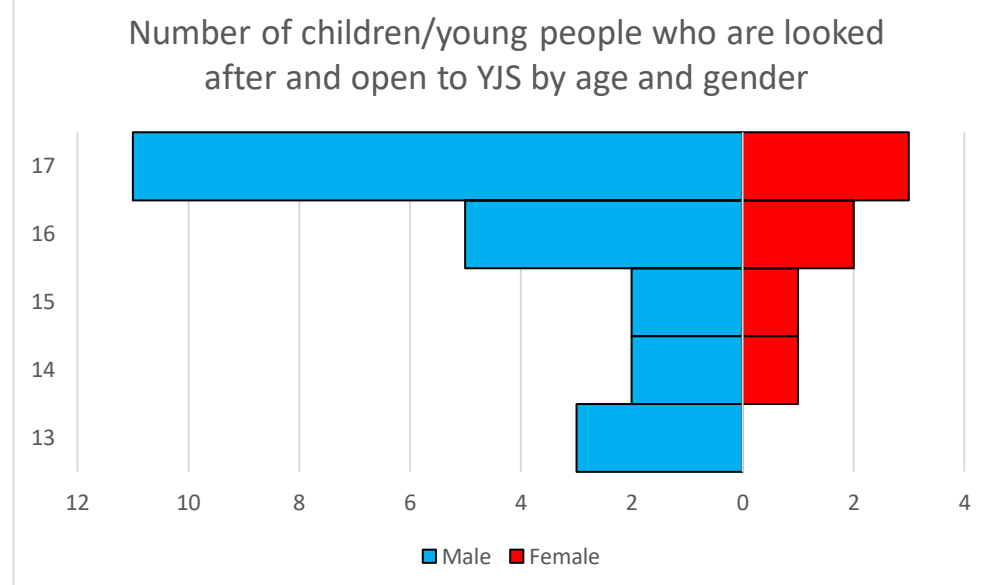
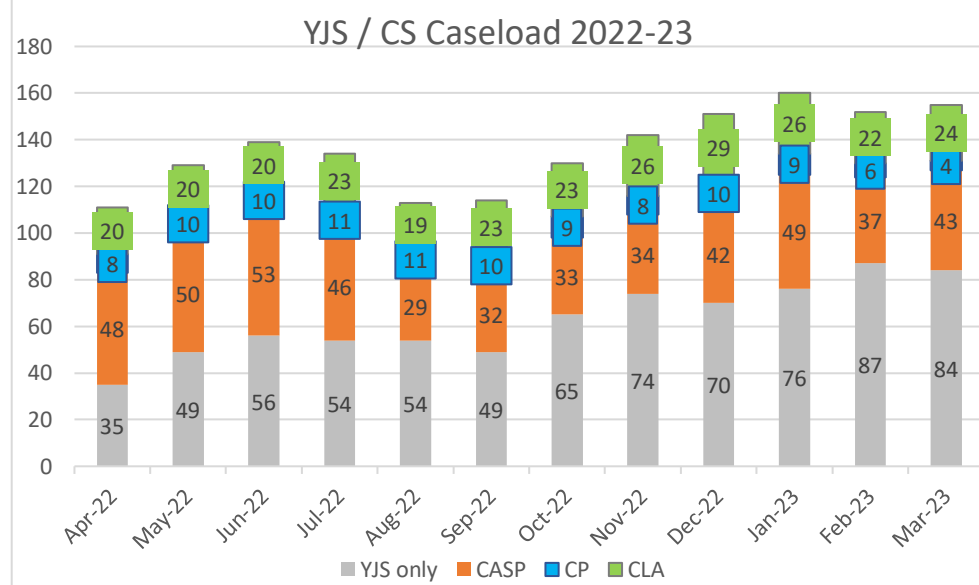
15 more children had 3 or more placements during the year 2022/23 than during 2021/22. Over a third (34.7%) of those with 3 or more placements were 16 and 17 year olds, where changes are more likely to be based on transitions to independent living arrangements. Placement sufficiency for this cohort of young people has also been an issue with an increase in the need for young people to be safely placed in temporary unregistered accommodation with support whilst registered placements are identified.

The pie charts above show the **shift in the balance of care** we have achieved in recent years. The percentage of children being looked after and placed with parents on a Care Order or in kinship arrangements with family members has increased from 17% (112 / 644) to 39.1% (413 / 1,057), while the percentage of children looked after in regulated placements minus kinship placements has reduced from 71% (458 / 644) to 51.7% (546 / 1,057).

CPAC Dashboard Quarter 4 2022-23

Youth Justice Service

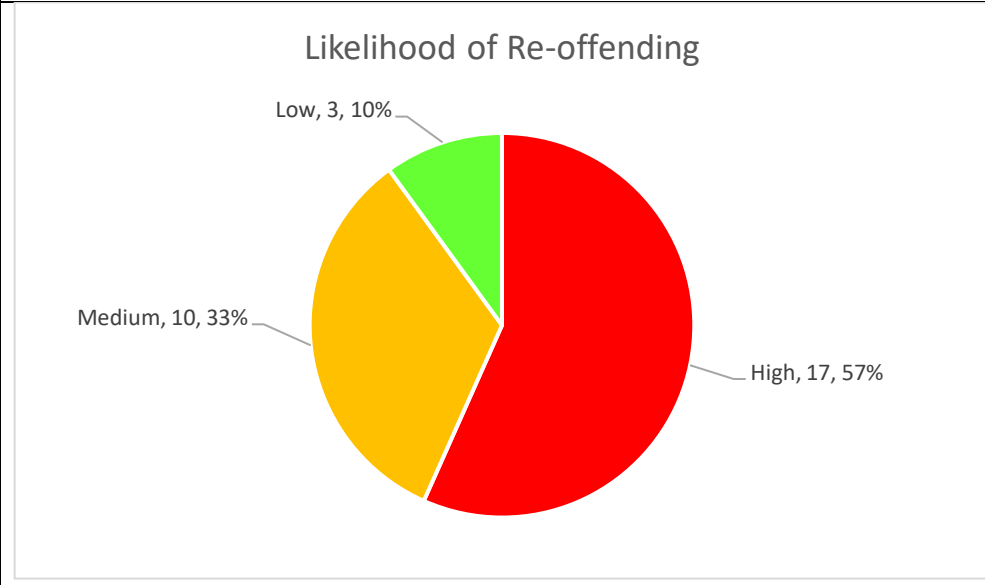
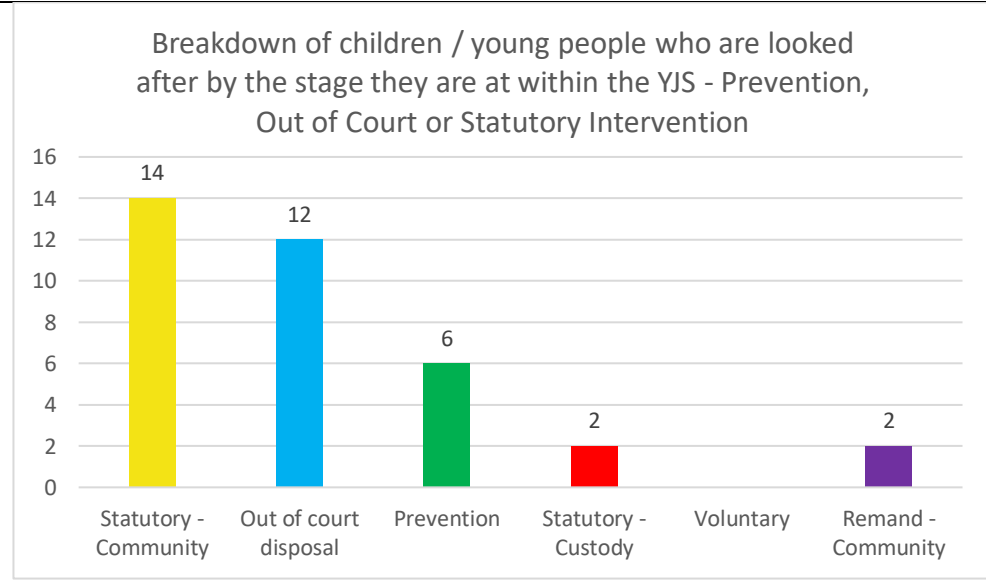
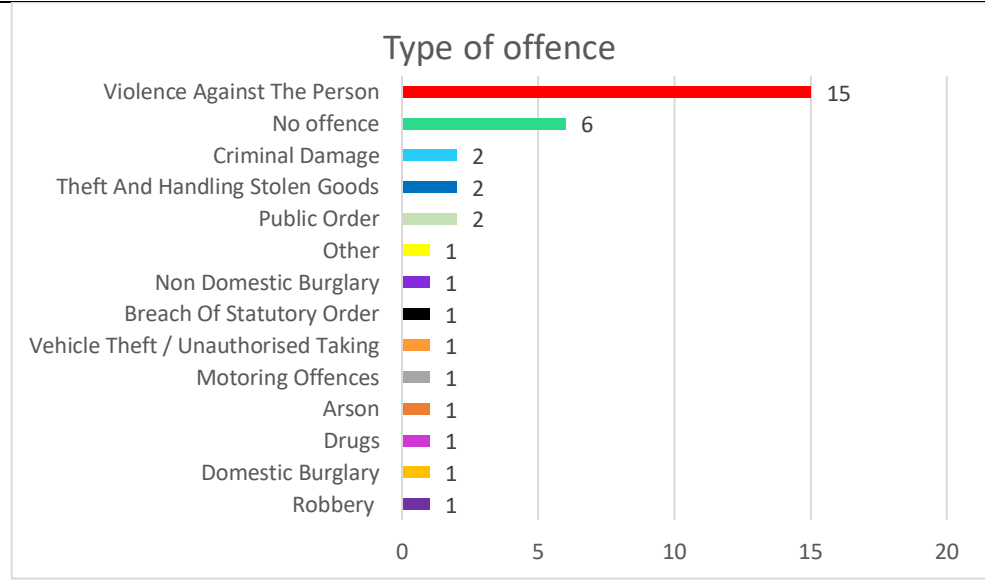
The information contained in this dashboard relates specifically to young people who are looked after by Cardiff Council's Children's Services Dept. and have been referred to the Youth Justice Service for either a Preventative intervention or by the police or courts after being charged for an offence.



The chart above shows the open YJS caseload as at the end of each month which identifies all young people open to Children's Services. In addition to this there are those open to Early Help and those who are 18+. There has been an overall increase in caseload numbers since the same period last year. The children looked after population has fluctuated between 19 and 29 during 2022/23.

- 23 of 30 young people are male and 7 are female.
 - 61% (14 / 23) of CLA young people are above statutory school age.
- Based on YJS caseload between Oct 2022– March 2023 – (Excluding Prevention).

The latest published ethnicity information from the Youth Justice Board (mid 2011) shows 80% of the 10–17-year-old population in Cardiff were white. The chart shows 73% (22 / 30) of young people engaging with the YJS that are CLA are White (including White minorities i.e. White European, the remaining 27% are other ethnic minorities. This is only 1% different when compared to the previous report. Based on YJS caseload between Oct 2022– March 2023 – (Excluding Prevention).



There were 36 young people open to YJS during quarters 3 & 4 who were also looked after. 6 of the 36 young people were engaged on an intervention that was not linked to an offence. 30 of the 36 young people had committed offences with the most prevalent main offence type being violence against the person 15 / 30 (50%). 6/15 (40%) of these offences involved offensive weapons. Based on YJS caseload between Oct 2022– March 2023.

YJS engages young people across a wide range of interventions from Prevention prior to offending to those in Custody and on licence in the community. Those young people remanded into custody automatically have CLA status. The chart shows 38.9% (14 / 36) were statutory community interventions being either a Youth Rehabilitation or Referral Order. 33.3% (12 / 36) were engaged on Out of Court Disposals. This is a pre-court outcome, 4 / 36 were of a diversionary nature. Based on YJS caseload between Oct 2022– March 2023.

Of the 30 looked after young people, 57% (17 / 30) were assessed as high risk of reoffending. Of the 17 young people at high risk of reoffending 52.9% (9 / 17) were being reviewed at either risk management or high risk panels. Those that are no longer being reviewed at risk management or high risk panels would have been closed during that quarter. Based on YJS caseload between Oct 2022– March 2023 (Excluding Prevention).

CPAC Dashboard Quarter 4 2022-23

Education

1	The number and percentage of Cardiff looked after children (Reception-Year 11):	
	In a Cardiff school or setting	467 63%
	In an out of county school or setting	229 31%
	Educated Other Than at School (EOTAS)	36 4.5%
	Not in provision	12 1.5%

This data shows the number and percentage of Cardiff children who are looked after, in the School Years, Reception to Year 11, by Education setting as at the 31st March 2023.

Tudalen 73

Special Educational Needs (SEN) and Additional Learning Needs (ALN):

2	The number and percentage of Cardiff looked after children with SEN / ALN (Reception-Year 11):	
	School Action	46 6%
	School Action Plus	31 4%
	Statement & Under Assessment	108 14.5%
	With Individual Development Plans	96 13%

This data shows the number and percentage of Cardiff children who are looked after who have Special Educational Needs (SEN) and Additional Learning Needs (ALN) as of 31st March 2023.

Exclusions:

3	The number and percentage of Cardiff looked after children with exclusions from Cardiff schools only: (September 2022 to June 2023)	
	Number of LACE with one or more fixed term exclusion	44 6%
	Number of LACE permanently excluded	1 0.13%

This data shows the number and percentage of Cardiff children who are looked after who received permanent or fixed term exclusions during the academic year of 2022-2023, based on the 31st March 2023 cohort.

Attendance:

4	Average percentage of Cardiff looked after children school attendance: (September 2022 to June 2023)	
	In a Cardiff school or setting	86.68%
	Educated Other Than at School (EOTAS)	68.52%

This data shows the average attendance of Cardiff children who are looked after in Cardiff and EOTAS schools / provisions during the academic year of 2022-2023, based on the 31st March 2023 cohort.

GCSE Results:

5	The number and percentage of children looked after who achieved GCSEs:	
	5 or more GCSEs at A*-C, including Maths and English	9 12%
	5 or more GCSEs at A*-C	4 5%
	5 or more GCSEs at A*-G	28 38%
	Less than 5 GCSEs at grade A*-G	24 32%

This data shows the number and percentage of Cardiff children looked after who achieved GCSEs on 25th August 2022, based on the 31st March 2022 cohort. The next set of GCSE results data based on the 31st March 2023 cohort will be available later in the year.

Personal Education Plans:

5	The number and percentage of Cardiff looked after children with Personal Education Plans (Reception-Year 11):	
	In a Cardiff school or setting	350 74.9%
	In an out of county school or setting	159 69.5%
	Educated Other Than at School (EOTAS)	31 86%
	Not in provision	7 58%

This data shows the number and percentage of Cardiff children looked after who had updated Personal Education Plans (PEPs) during the academic year of 2022-2023, based on the 31st March 2023 cohort.

Successful transition:

7	Successful Transition to Employment, Education or Training:	
	Total number of LACE in EET on October 31st	64 86%
	Total number of LACE in EET on October 31st (Cardiff)	34 92%
	Total number of LACE in EET on October 31st (OOC)	20 87%
	Total number of LACE in EET on October 31st (EOTAS)	10 71%

This data shows the number and percentage of Cardiff children looked after who successfully transitioned into Education, Employment or Training as of 31st October 2022, based on the 31st March 2022 cohort. The next set of transition data based on the 31st March 2023 cohort will be available later in the year.

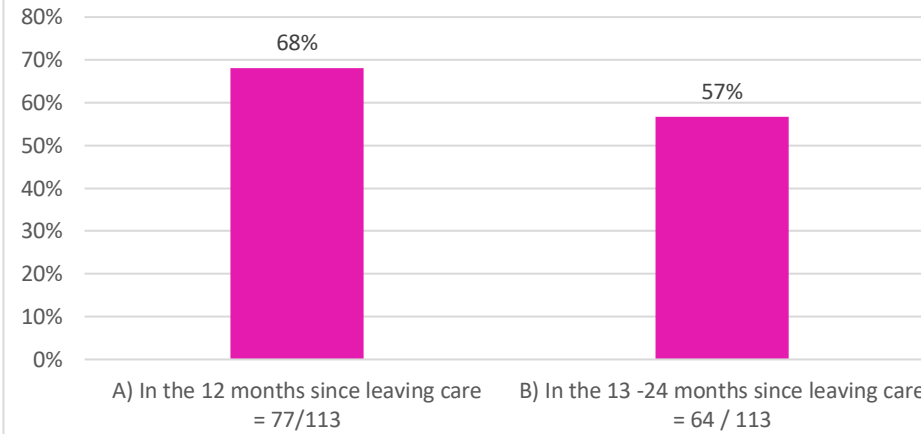
CPAC Dashboard Quarter 4 2022-23

Adolescents

Into Work Service

MONTHLY CASELOAD – (March 2023)	85
TRAINING OUTCOMES (Project Cumulative)	124
WORK EXPERIENCE/ VOLUNTEERING/BRIGHT START PLACEMENT (Project Cumulative)	59
FULL TIME EDUCATION (Project Cumulative)	81
JOB OUTCOME (Cumulative)	142
JOB OUTCOME (Oct - Mar)	9

During 2022/23, the percentage of care leavers in categories 2,3 and 4 who have completed at least 3 consecutive months of employment, education or training in:



Source: CareFirst – Annual result for 2022-23

Housing / Young Person Gateway

Quarter 3 & 4 - 1st October 2022 – 31st March 2023

- **100%** of care leavers prevented from becoming homeless (target is 90%)
- **2** care leavers housed in supported accommodation in the Young Person's Accommodation & Support Gateway
- **1** care leavers housed permanently in social housing through the Training Tenancy scheme

As at end of Quarter 4

- **120 (99%)** care leavers successfully maintaining their social housing tenancy through the Training Tenancy scheme (target 95%)

Bright Futures

Bright Futures provides bespoke employment and training support for care experienced young people in Cardiff. The project aims to remove barriers to employment, education and training through one-to-one mentoring, wellbeing support and EET financial assistance. The Bright Start Scheme also falls under this project umbrella.

Bright Start

In February 2023, Bright Start had 6 Young People on placement with: Cardiff Dogs' Home, Youth Service, Into Work Digital Team, Wales Millennium Centre and the Clayton Hotel.

Bright Start's March cohort of young people started placement at the end of March, with 10 new trainees completing their pre-placement training and starting placements in the Dogs' Home, Cardiff Riding School, McDonalds and Charity Shops. The team have been working hard on securing new placements, with an additional 4 placements becoming available in different businesses and organisations across Cardiff to take the total number of available placements to 55.

MILES (Youth)

The MILES (Youth) project works closely with Bright Futures, supporting young people who are homeless or experiencing housing instability. This includes a significant number of Care Experienced young people aged 16-24. The project also aims to support young people into employment, education and training and runs weekly drop-ins in Youth and Adult Supported/Temporary Accommodation across Cardiff.

During 2022-23:

The percentage of care leavers in categories 2,3 and 4 who have completed at least 3 consecutive months of employment, education or training in the 12 months since leaving care = 68% meets the target of 68%.

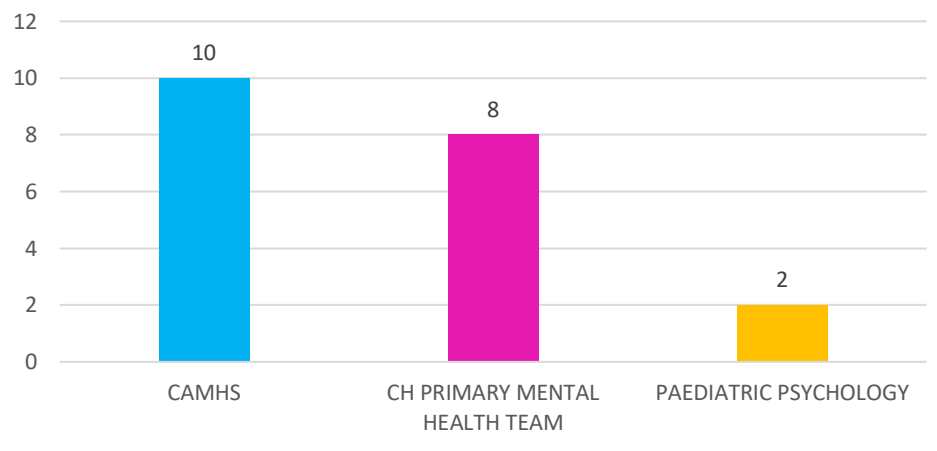
The percentage of care leavers in categories 2,3 and 4 who have completed at least 3 consecutive months of employment, education or training in the 13-24 months since leaving care = 57% meets the target of 57%.

The above Care Leavers data is in relation to over 18s.

We have recently tendered for a further contract to sit under Young Person Gateway (YPG) which would allow an additional 24 units of accommodation. This accommodation is funded by Children's Services and will allow young people placed in high cost residential placements to step down (where suitable) into alternative accommodation. For some context we currently have 17 young people on our Waiting List to enter YPG.

The first 4 units of the new contract are now in place with young people moving in in the first quarter of 2023/24.

CPAC Dashboard Quarter 4 2022-23

Health										
<p style="text-align: center;">Children looked after open to Emotional Wellbeing Services during Quarter 4 2022-23</p>  <table border="1" style="margin-top: 10px; width: 100%; border-collapse: collapse;"> <thead> <tr> <th>Service</th> <th>Number of Children</th> </tr> </thead> <tbody> <tr> <td>CAMHS</td> <td>10</td> </tr> <tr> <td>CH PRIMARY MENTAL HEALTH TEAM</td> <td>8</td> </tr> <tr> <td>PAEDIATRIC PSYCHOLOGY</td> <td>2</td> </tr> </tbody> </table> <p>Source: Health EWS - Emotional Wellbeing Services Note on this report: Children may have concurrent referral episodes with both CAMHS and Paediatric Psychology, or Primary Mental Health and Paediatric Psychology. Thus, totals provided are a distinct count of the number of children with referrals to these services during the reporting period.</p>	Service	Number of Children	CAMHS	10	CH PRIMARY MENTAL HEALTH TEAM	8	PAEDIATRIC PSYCHOLOGY	2	<p>19 children and young people who were looked after were open to Emotional Wellbeing Services during Quarter 4 2022/23. 10 children / young people were open to CAMHS, 3 of these were receiving urgent intervention. 5 were open to the Generic Team. 5 were referred for a Forensic CAMHS Consultation, this is a specialist community consultation service providing consultation to professional networks (including Children's Services and the Youth Justice Service) regarding young people that cause them great concern, specifically in relation to risk and extreme and/or criminal behaviour, with the aim of risk reduction (including reducing the risk of re-offending) and managing their safety and wellbeing in the community.</p>	<p>Eight were open to the Primary Mental Health Team, where service delivery involves a consultation to complete an assessment before commencing a care and treatment plan which could include referral into CAMHS or the provision of other support services either via the NHS, Local Authority, 3rd Sector or via Digital Platforms.</p> <p>The 2 children/ young people open to Paediatric Psychology were receiving consultations to assess the impact of becoming looked after on their behaviour, outlook and mental health.</p> <p>Please note children and young people can be open to more than one team at once, these 19 are identified by Health as looked after, work is ongoing with Health to ensure the true number of children who are looked after is recorded and therefore reported by Health.</p>
Service	Number of Children									
CAMHS	10									
CH PRIMARY MENTAL HEALTH TEAM	8									
PAEDIATRIC PSYCHOLOGY	2									
Views										
<p>Mind of My Own</p> <p>1st April 2022 – 31st March 2023</p> <p>During this period, we had a total of: 275 statements sent to the Mind of My Own portal 258 were One app statements and 17 were express statements 126 Children and Young People signed up to Mind of My Own resulting in 224 account in total. 51 Practitioner accounts were set up by workers resulting in a total 245 practitioner accounts</p>	<p>Mind of My Own is a set of accessible apps that allow our children and young people to express and share their views in a way that suits them. Young people can use the app alone or with their worker to say how they are feeling, what support they need and tell their worker about things that are important to them.</p> <p>Cardiff Children's Services have a commitment to ensure that every child's voice is heard in all meetings and discussions. We have given a commitment that all children will have the opportunity to have a Mind of My Own account or be supported by their worker to share their views using the app. Over the past few months, we have been working with the CP Chairs to try and encourage our young people to submit a Mind of My Own statement before their scheduled CP Conference so that they are given the opportunity to share their thoughts and opinions before the meeting takes place.</p>	<p>We have been working with the social worker practice leads to promote and embed the use of the Mind of My Own App. Together we have explored ways to increase participation of children and young people looked after in their reviews as well as sharing their views at a time that suits them.</p> <p>We know that most children when they use the app tell us that they are happy, settled and supported, but a smaller number have reported that they are not happy or unsafe. Where children tell us this, there is a safety link within the app, which means that this is quickly identify and a process for quickly following up with these children.</p>								

Mae'r dudalen hon yn wag yn fwiadol

**CORPORATE PARENTING
ADVISORY COMMITTEE****26 JUNE 2023**

REPORT OF THE DIRECTOR, CHILDRENS SERVICES

MEMBER VISIT PROGRAMME**Reasons for the report**

1. This report sets out a programme of activity that will help the Committee to find out about the services and organisations that support care experienced young people in Cardiff.
2. The proposed members visits outlined in **Appendix A** have been developed to show the Children Services teams and other services within and outside of the local authority that support care experienced young people.

Background

3. To ensure members of the Corporate Parenting Advisory Committee gain a wider understanding of the services and organisations the proposed Members visits focuses on those services in line with the following 5 priorities of the Corporate Parenting Plan:
 - Priority 1: Improving emotional well-being and physical health
 - Priority 2: Better connections, improved relationships
 - Priority 3: A comfortable safe stable home whilst in care and after
 - Priority 4: Educational achievement, employment and training
 - Priority 5: Celebrating our children and young people

Issues

4. The members visits will provide an opportunity for members of the Committee to meet the staff and teams that support young people. Some of the visits will also provide an opportunity to hear directly from the children and young people. It is proposed that the members who undertake the visits will then provide an update to the rest of the Committee.
5. To ensure that an open discussion can take place it is proposed that some of the visits to smaller establishments are limited to two members of the Committee per member visit. The visits will be organised and facilitated by the Corporate Parenting Officer.

6. **Appendix 1** sets out proposed dates, times and venues for the members visits with a short description of the services. These proposed times have been agreed by the organisation and service area but can be amended to work around the commitments of members of the Committee.
7. Additional visits can be set up on request if there are other services or provisions members would like to find out more about. The work programme will then be amended to reflect this change.

Financial Implications

8. In the event of there being costs arising as a result of the visit programme then this will need to be managed within existing budgetary allocations for Member expenses.

Legal Implications

9. There are no legal implications arising from this report

RECOMMENDATION

10. To note the programme of visits as outlined **Appendix A** and indicate any expressions of interest in attending any of the visits contained within the programme.
11. To identify any other services or organisations to be included within the member visit programme that would benefit the committee in carrying out their role.

DEBORAH DRIFFIELD
DIRECTOR, CHILDRENS SERVICES
15 JUNE 2023

Appendix A – Member Visit Programme

Members Visits Programme

Service Area	Description	Proposed Date & Venue	Member Visiting
ENFYs	Enfys is an NHS based service within Child Psychology. Meet the team of clinical psychologists, graduate mental health workers, trainee clinical psychologists and an occupational therapist to find out about the support provided	Enfys Tuesday 11 July 9.00 – 10.00 Woodlands House, Maes-y-Coed Road, Cardiff, CF14 4TT	
Crosslands	Meeting staff at the home	Tuesday 1 August at 10am, Thursday 10 th August at 10am	
Cardiff Youth Justice Team/Service	Opportunity to meet staff (this will include the Summer Program)	Wednesday 9 August Or Wednesday 16 August 14.30 at John Kane Centre, 213a North Road, Cardiff CF14 3GH	
Bright Sparks – Participation Group	Meet and hear direct experiences of children and young people	Monday 14 August Thursday 17 August Monday 21 August, 12 noon at NYAS Cymru, Canton House, Suite E1, 435-451 Cowbridge Road East, Canton, Cardiff CF5 1JH	
Fostering Events	Meeting families, carers and young people at a 'Cuppa & Catch up' support group	18 September, 10am-12 at Mercure Cardiff North Hotel	
St Teilo's High School	Meeting teaching staff and children and young people at the school	Time to suit members Tuesday 10 October	

		Wednesday 18 October Thursday 26 October	
Rumney Primary School	Meeting teaching staff and children and young people at the school	Wednesday 18 October 9.30 – 11.00	
Tŷ Storrie Childrens Home	Meeting children and young people aged between 6 and 17 with disabilities and complex needs	Any date 10.00 – 2.00	
Fostering Events	Meeting families, carers and young people at a 'Cuppa & Catch up' support group	12 December 10am-12 Mercure Cardiff North Hotel	

**CORPORATE PARENTING
ADVISORY COMMITTEE:**

26 JUNE 2023

REPORT OF THE DIRECTOR, CHILDRENS SERVICES

FORWARD WORK PROGRAMME – MAY 2023 – APRIL 2024

Reasons for the Report

1. This report seeks approval of the Committee's Draft Forward Work Programme as provided at **Appendix A**.

Background

2. The Forward Work Programme (FWP) for the Corporate Parenting Advisory Committee sets out the committee business that will be considered during the period identified in the programme. The proposed programme has been developed to enable the committee to monitor the progress being made to support the children looked after by the authority.
3. Previously, the Committee identified that the agenda for its meetings should be driven by looked after children in Cardiff and that a greater emphasis should be placed on the participation of young people in the work of the Committee.

Issues

4. Following an engagement session with children and young people looked after in October 2022, several themes were identified and are mirrored in the FWP to effectively plan the work of the committee for the municipal year. This will ensure that the agenda and issues considered at the committee will reflect the needs of young people.
5. The themes to be reflected are as follows:
 1. Improving emotional well-being and physical health
 2. Having a safe and stable home in and after care
 3. Education, employment, and training
 4. Better connections, improved relationships
6. Each meeting of the Committee will focus on one of these themes with relevant reports and updates being provided by the service areas and partners.

7. Other items will be added to the Committee Forward Work Programme to ensure that it meets the requirements under its terms of reference.

Committee Engagement with Young People

8. Several workshops, meetings and events will be planned with Elected Members in a range of settings. This will enable young people to discuss and raise any issues in a more informal setting. The option of attending committee meetings to young people will continue to be made available and with officer support. Continuous engagement of children and young people will help to inform the future work of the Committee.
9. Participation Partnership working will remain a priority for the upcoming year for the service area. Regular updates will be provided to the Committee on the key progress in this area which will include work undertaken on the development of a Participation Strategy.

Performance Monitoring

10. The programme includes an opportunity at each committee meeting to consider timely and relevant performance information. This will include a Bi Annual Performance Dashboard, looking at a range of data from statutory services. In line with the Committees Terms of Reference an Education Performance of Children Looked After Information report will be submitted annually. This performance information will inform the committee of progress being made in respect of the Corporate Parenting Strategy and the delivery of the services to our children looked after and young people.

Member Development

11. The FWP identifies a range of topics which committee members may be unfamiliar with. Committee members are requested to identify any learning opportunities which will support them in their role and would be beneficial to be added to the Member Development Programme.

Financial Implications

12. The report and accompanying appendix provide an overview of the planned work programme for the Corporate Parenting Advisory Committee. As the committee fulfils an advisory role, there are no financial implications directly arising from this report. Any activities referenced within the report or programme are to be funded from within existing available resources.

Legal Implications

13. There are no legal implications arising from the report.

RECOMMENDATIONS

14. To consider and approve the Draft Forward Work Plan (**Appendix A**)
15. To identify any future member development topics for inclusion in the Member Development Programme.

DEBORAH DRIFFIELD
Director, Childrens Services
19 June 2023

Appendix A – Draft Forward Work Programme

Mae'r dudalen hon yn wag yn fwriadol

WORK PROGRAMME CORPORATE PARENTING ADVISORY COMMITTEE 2023 - 2024– v.2

Tudalen 85

Topic type	Agenda Item	Agenda topic	Description	Responsible Service Area and Additional Invitees
Committee Date: 26th June 2023				
Emotional Health & Wellbeing	1.	My Things Matter Campaign	Members to be provided with an overview of the My Things Matter 5 point pledge by Candice Lloyd of NYAS. The aim of the pledge is to improve the emergency placement process for children and young people who are looked after.	NYAS
	2.	Enfys overview	Update and Overview of the ENFYs service.	Health
	3.	Emotional Health and Wellbeing Project	Members to be update on a joint project between Children's Services and Health to Support Children and young people with Mental Health Needs	Children's Services
	4.	Children and Young People Emotional Wellbeing Mental Health Service	Members to be updated on the relaunched service and to consider how CLA are supported within this.	Health Service
	5.	Update on Statutory Health and Information for Looked After Children	To receive an update on the progress of the Health of Looked After Children and Health Monitoring	Health Service
Performance management	6.	CLA Performance Dashboard Q4 of 2022-2023	To receive an update on the progress of Looked After Children and to make any observations or comments	Childrens Services, Education, Health, Youth Justice Service

Topic type	Agenda Item	Agenda topic	Description	Responsible Service Area and Additional Invitees
Committee Date: 2nd October 2023				
Educational Achievement, Employment & Training	1.	Cardiff Commitment	To receive an update on the joint work undertaken with the Cardiff Commitment team and Children Services to provide specific employment support and opportunities	Cardiff Commitment / Children Services
	2.	Virtual Head Teacher and School	Members to receive an overview on the new Virtual Head Teacher and School	Education Directorate
	3.	Bright futures update- Traineeship programme	To receive an update on the Bright futures work programme and to make any observations or comments.	Education/ Community Directorate
	4.	Participation Strategy	For Members of the Committee to receive an update on the developments of a participation strategy which provides and outline on how to improve participation	Children's Services
	5.	Care Leavers report	To receive an update on the Care Leavers service including NEET and Care Leavers as Parents, Care Leavers going to university and entering employment	Children's Services
	6.	Updates on Member Visits with children and young people services	Updates will include Member Visits to Enfys, Crosslands Children's Home, Youth Justice Service, Foster Carers Event and a Brightsparks Participation Group	Corporate Parenting Officer and CPAC Member
Performance Management	7.	Annual Education – Performance of Cardiff looked after children report 2022- 2023	To receive the Education report for looked after children and to comment, seek clarification or raise questions on the information received.	Education Directorate
	8.	Ty Storrie & Crosslands Annual report	To receive a update on the Ty storrie and Crosslands reports	